

Tearing Down the Wall between Music and Athletics

Based on the article in the Music Educators Journal-June 2010.

Mike Morgan-Band Director/Head Football Coach-Colfax School District-Colfax, WA

When you hear the words Music and Athletics, do you think of polar opposites?

There are built in stereotypes for both musicians and athletes.

Our goal is to realize that music and athletics are mutually compatible and can work together at the same time.

There are perceived differences and similarities between music and athletics. Do you know what they are?

Plato believed to be a complete individual, young people must participate in the fine arts as well as athletics.

Musicians and Athletes tend to have better grades, higher attendance rates, lower drop-out rates and are more involved in school and civic activities.

*Do you know the overall cost to your school district for extra-curricular activities?
Usually 1%-3% of the total budget*

Specialization is becoming more and more of a problem in all areas. Everyone, including parents, wants their child to specialize in one area.

Having multiple skills and abilities makes you a well-rounded person and allows you to be more marketable to colleges and employers and enriches your life.

The solution to getting our young people to be multi-talented is to get the Administration, AD's, Coaches, Teachers, Parents and Students on the same page and allow our students the opportunity to participate in multiple activities.

Mike.morgan@csd300.com Colfax School District
Office 509-397-5820 Cell 509-553-9183

"Often times the task ahead of you is not beyond your ability, but simply beyond your work ethic"