

Why Teach? Why Now?

Erin Holmes and Paul Budde

The Midwest Clinic

International Band and Orchestra Conference

Friday, Dec. 22, 2023

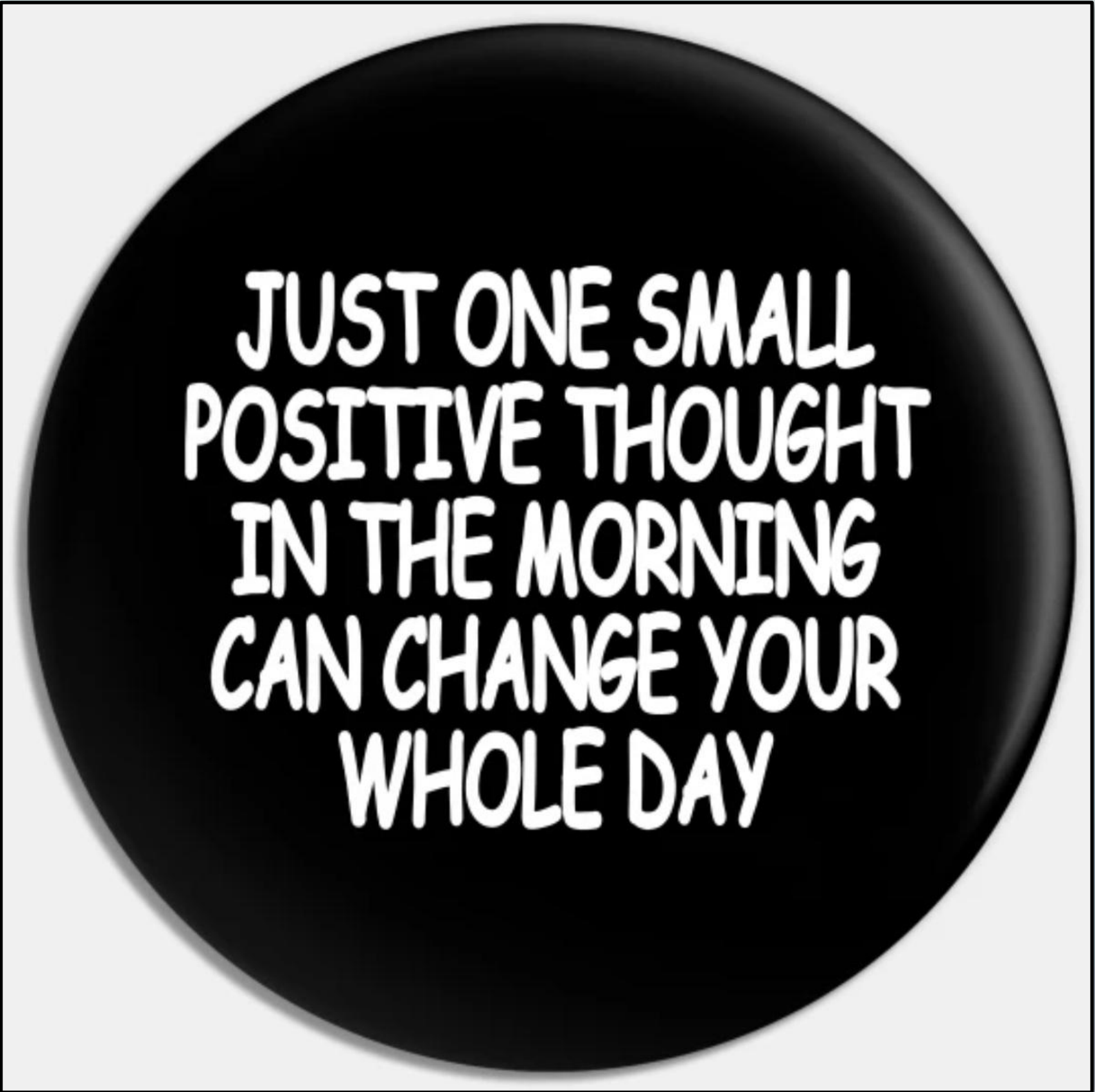
8:30 – 9:30 AM

Room W187



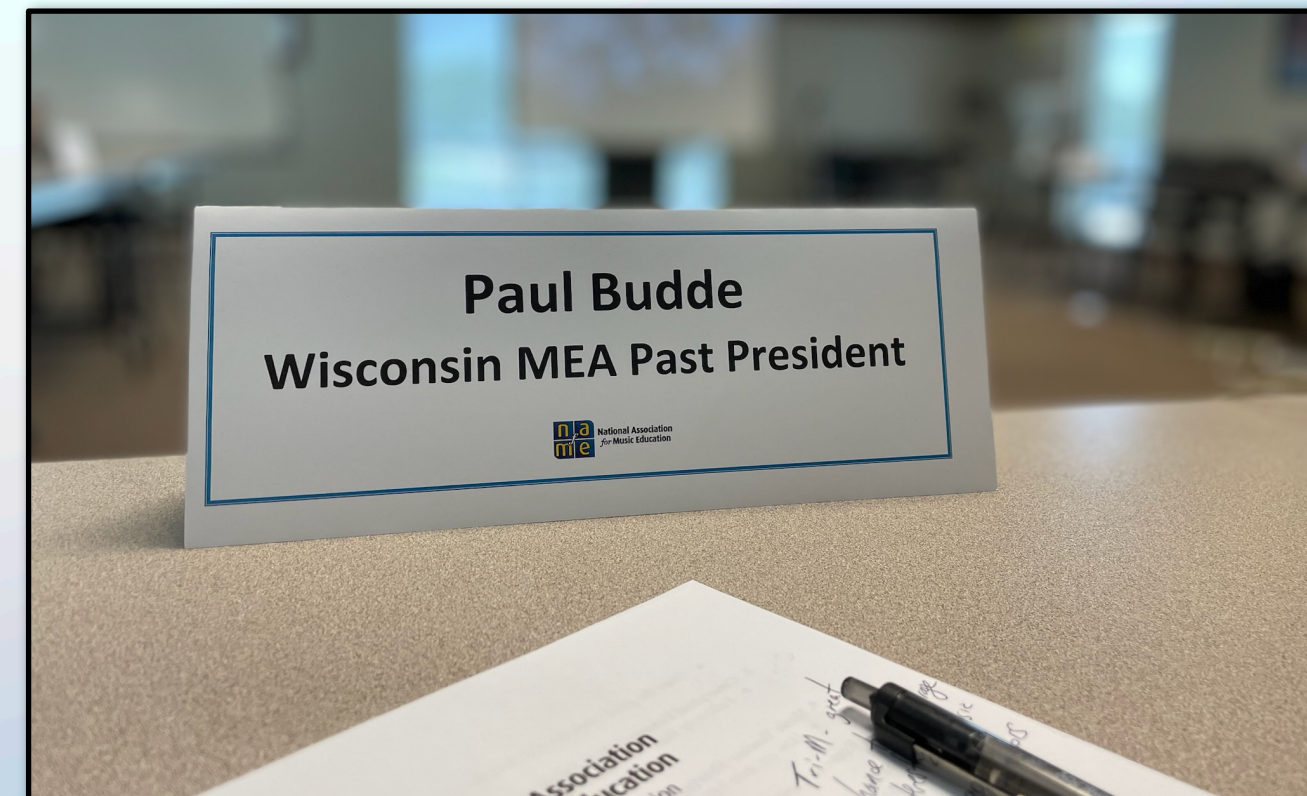
What's This Presentation About?

- Reflect on our WHY
- The Golden Circle
- Name the challenges
- Mindset matters
- Resources & Reminders
- Next steps

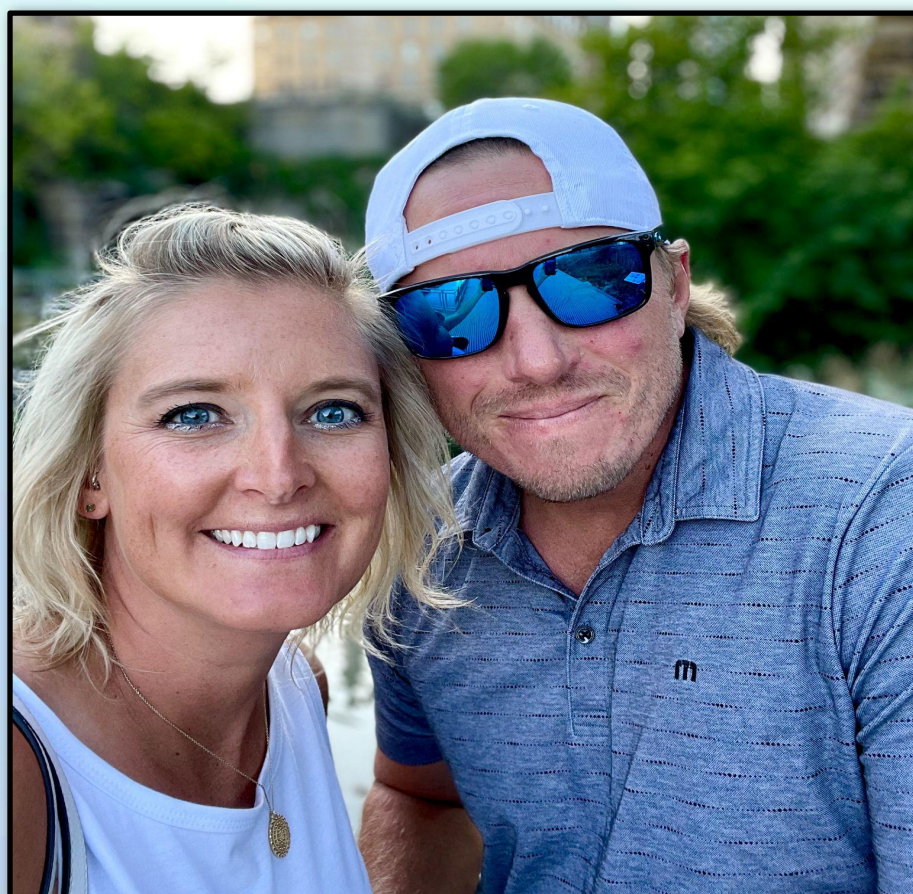


JUST ONE SMALL
POSITIVE THOUGHT
IN THE MORNING
CAN CHANGE YOUR
WHOLE DAY

Who is Paul?



Who is Erin?

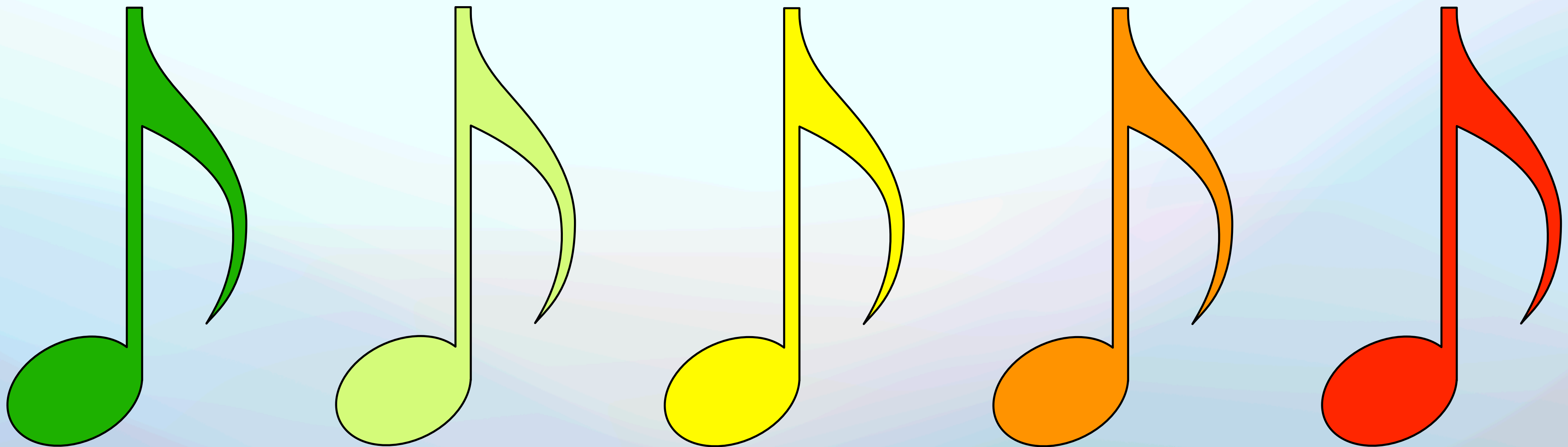


Discussion Topic



Discussion Topic

- Why did you choose music education as a career path?
- What's your teacher superpower?



Let's Talk About It...



Why Your WHY Matters

**The
Golden
Circle**



Simon Sinek – <https://youtu.be/Jeg3lIK8lro>

Breaking it Down – Your WHAT

We can see, touch, and show the WHAT

- Examples: learning/teaching topics, class activities, events/performances, etc.
- Can lead to: awards, accolades, recognition, positive press, enrollment, and community support

Individuals/ensembles often focus goals on their WHAT

Breaking it Down – Your HOW

This is the ACTION we take – the process

- How do we approach daily tasks and responsibilities?
- How do we teach/rehearse?
- Are we authentic/real as a teacher/leader/colleague?
- Do we show passion and conviction?

Breaking it Down – Your WHY

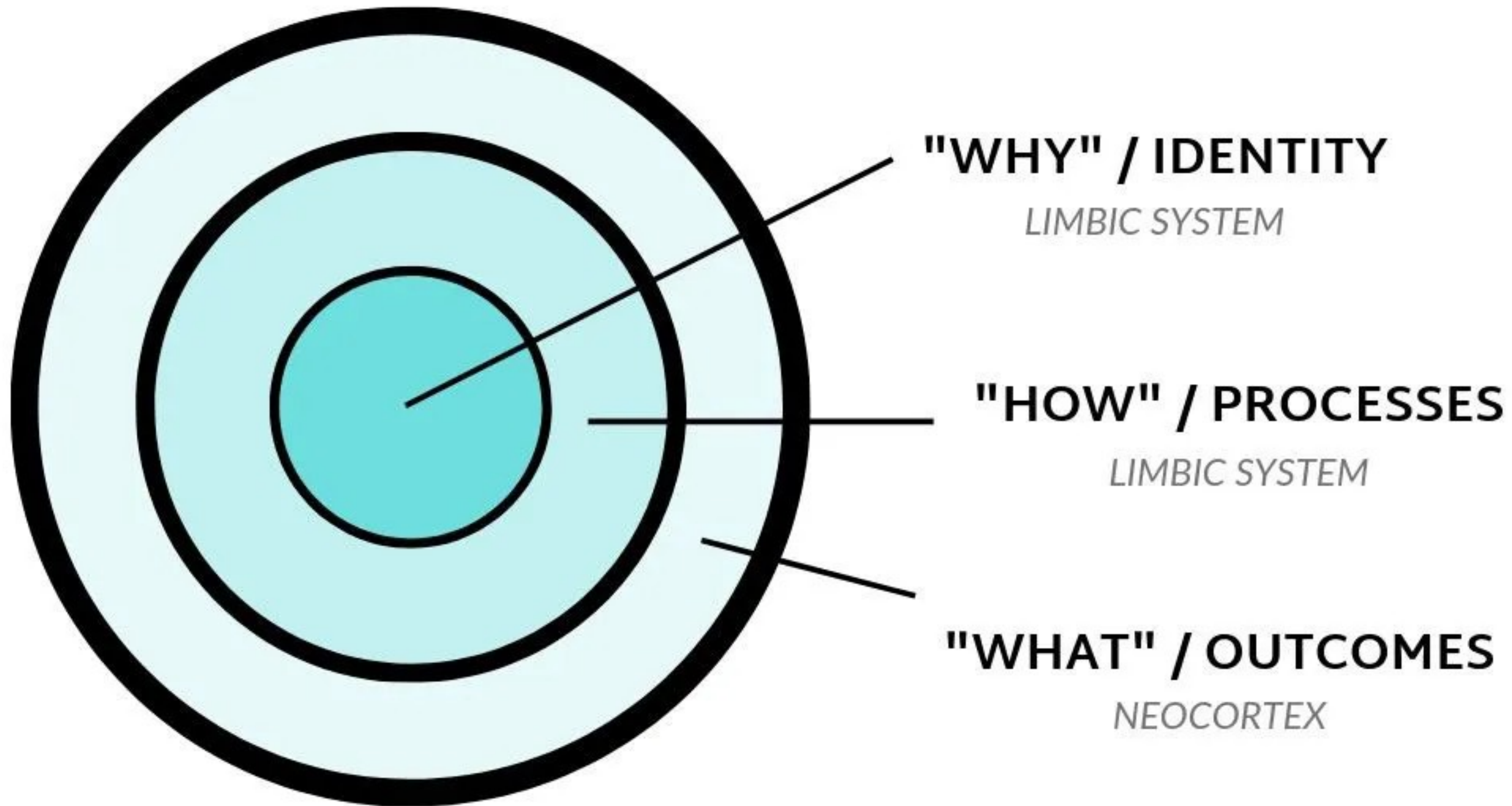
Our WHY is what drives us – and keeps the fire burning

- When our WHAT and HOW align with our WHY, we connect with our innermost convictions and beliefs
- It gives us direction and keeps us on track
- It's what oozes out of us and inspires others

PASSION IS CONTAGIOUS!

UNDERSTANDING YOUR BRAIN

GOLDEN CIRCLE + BEHAVIOR CHANGE



Know Your Why | Michael Jr.



BREAK  **TIME**

You Tube michaeljrcomedy

<https://www.youtube.com/watch?v=1ytFB8TrkTo>

Sharing My WHY – Paul

- Love to help others
- Love of music
- Belief in the value of music and arts education
- Hope to broaden MUED
- Desire to make a positive difference in our world

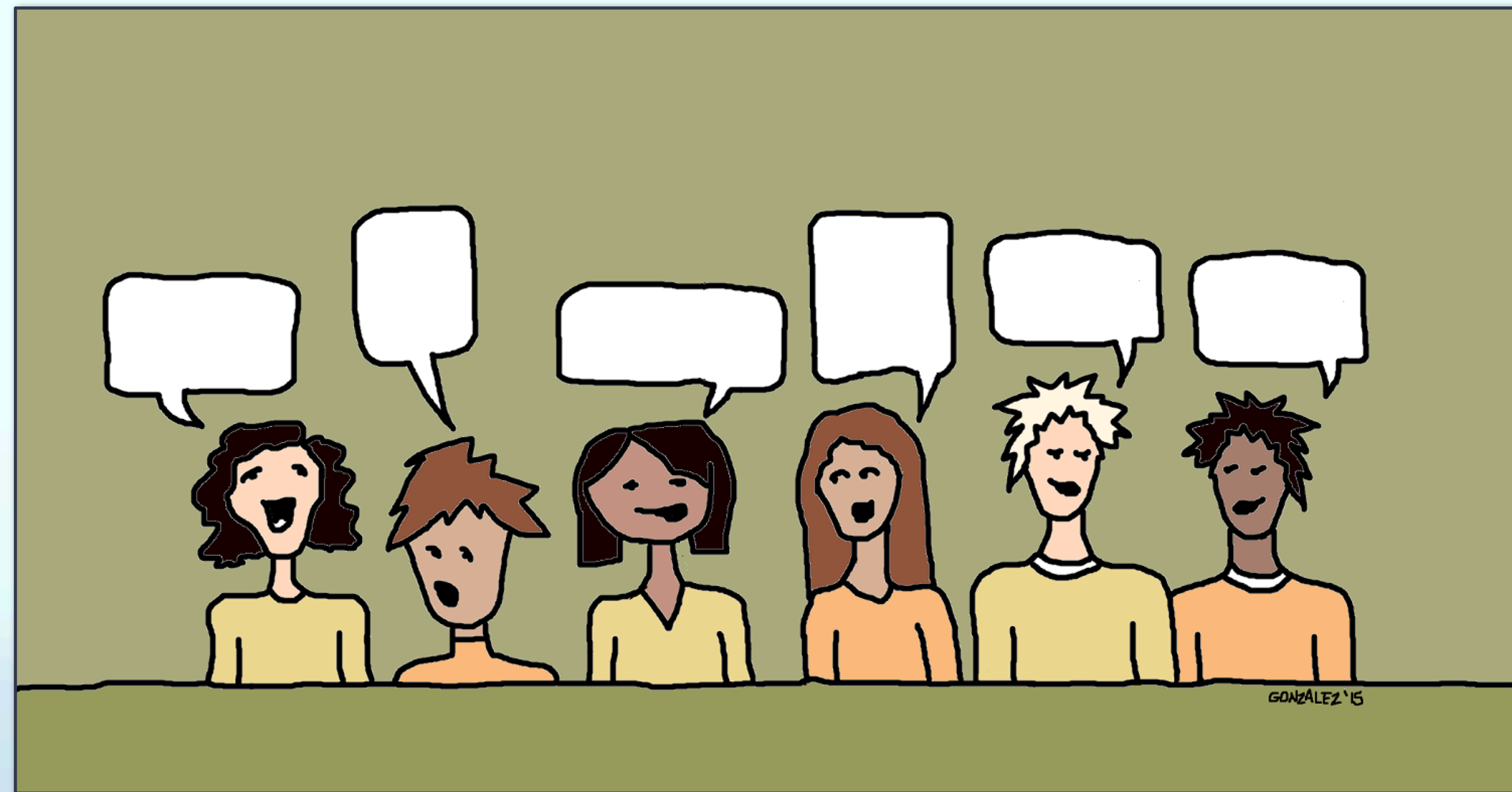


Sharing My WHY – Erin

- LOVE music
- Place I felt at home
- Process over performance
- Desire to make a positive difference in our world
- Connect the arts

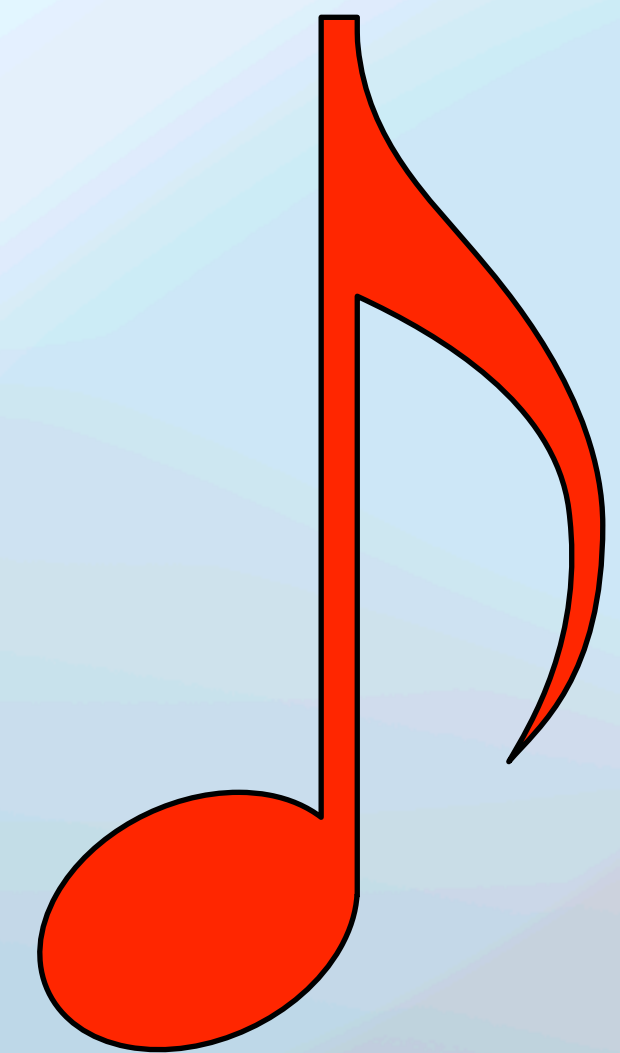
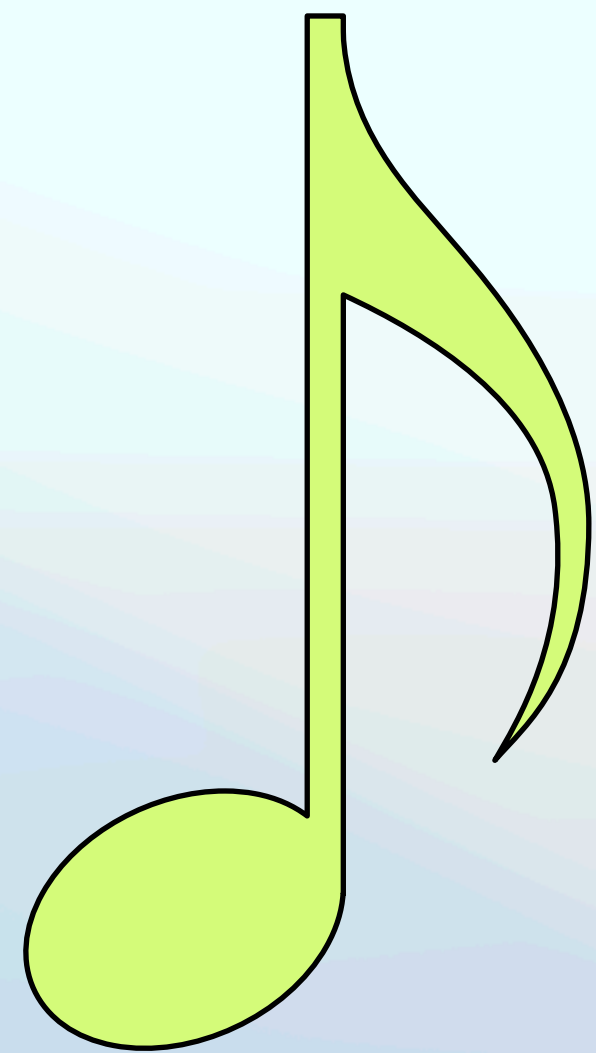


Discussion Topic



Naming the Challenges We Face

- Teaching load
- Schedule
- Budget
- Recruitment
- Class sizes
- Colleagues
- Autonomy
- Isolation
- Respect for music/arts



Mindset Matters

- Fixed vs. growth mindset
 - Be a lifelong learner
- Vulnerability & healthy risks
- Importance of self-care
- Support – finding your people
- Trust yourself – you've got this
- Opportunities for collaboration
- Problem solving (solution-oriented mindset)



Resources & Reminders

- Helpful resources – State MEA, NAFME, Midwest, etc.
- Advocacy, Networking, Mentoring, Music Standards, Comprehensive Musicianship Through Performance (CMP), Professional development, Tri-M, etc.
- We're in this together – connect and collaborate

We WILL find a path forward

Don't Forget Your WHY

**The
Golden
Circle**



Discussion Topic



Next Steps

After having reflected on your WHY, what are your next steps?

- Action steps for tomorrow AND long-term goals
- Connections you can make (finding your people)



Wrapping Up



Why Teach? Why Now?

HELP STUDENTS GROW

- Share knowledge and passion
- Serve as a role model
- Share (learn from) life experiences
- Navigate adversity/challenges

EXPLORE THE ART OF MUSIC

- Inherent value of music
- Creativity
- Self-expression
- Empathy, perspective, trust, confidence, collaboration (and...)



Why Teach? Why Now?

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Let's Connect!

