TUBA AND EUPHONIUM FUNDAMENTALS AND DAILY ROUTINES

PRACTICAL HINTS AND EXERCISES TO ENERGIZE STUDENTS OF ALL AGES

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WELCOME

- Low brass kickoff
- Clinicians' connection

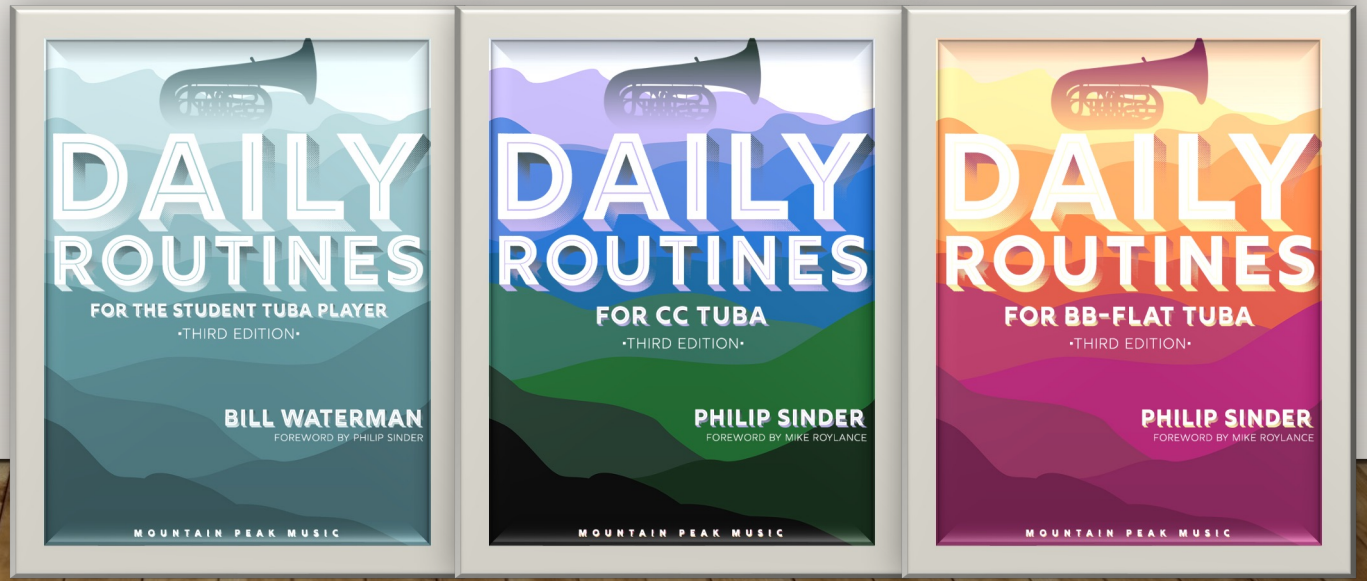
SESSION GOALS

- **Purpose**
  - Enhance fundamentals for euphonium and tuba
  - Importance and structure of daily routines
  - Inclusion of musical playing at all stages

NEW PEDAGOGICALLY INFORMED ROUTINES

Euphonium

Tuba



EUPHONIUM AND TUBA FUNDAMENTALS AND PRACTICAL HINTS

POSTURE

- Euphonium vs. Tuba
- Sitting as you stand
- Impact of the size of instrument
- Music away from the instrument

BREATHING

- Remain relaxed and natural
- Blow against and through the lips
- Strive for more airflow with less air pressure
- Musical connection

BUZZING

- Embouchure formation
- Helpful household items
- Quick reference approach and check
- Cantabile connection

TONE QUALITY

- Characteristic tones of euphonium and tuba
- Ingredients necessary to achieve your best sound
- The role of air in sound development
- Blending of sound

ARTICULATION

- Clarity and Definition through full range
- Consistency
- Types of articulation
- Intentional variations

DYNAMICS

- Low brass airflow rates
- Maintain tone and control at extremes
- Push extremes a few minutes each day
- Impact of dynamics on intonation

FLEXIBILITY/CONTROL/CONSISTENCY

- Work connections ascending and descending
- Build accuracy to top performance levels
- Importance of lip slurs
- Pattern fluency

EXPLORING DAILY ROUTINE EXPECTATIONS

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- **Wide variety of opinions and practices, highly individual approaches**
  - Same thing everyday
  - Different thing everyday
  - Variation upon both
  - Too many details? *(lost in the sauce)*

- **Primary elements and goals in a daily routine**
  - Is this different than a warm up?

EXPLORING DAILY ROUTINE EXPECTATIONS

- **Ideal length and difficulty**
  - You can't grow without challenging yourself
  - What is logical/necessary for the time available

- **Opportunities for musicality and building aural awareness**
  - Building skills through musical intention
  - Purposeful playing

SELECTED CONTENT AND EXERCISES TO DEVELOP A DAILY ROUTINE FOR EUPHONIUM AND TUBA

IDEAL ORGANIZATION, PROGRESSION, AND INGREDIENTS

Strive to undertake entire routines

- Take time to learn the exercises well
  - Slower tempos, bite size portions
  - Some may be quick, some may take days/weeks

Consider comprehensive format

- Plan to extend and challenge
  - Expand your skills, make it harder than what you need
  - Tempo change, Key change, octave change

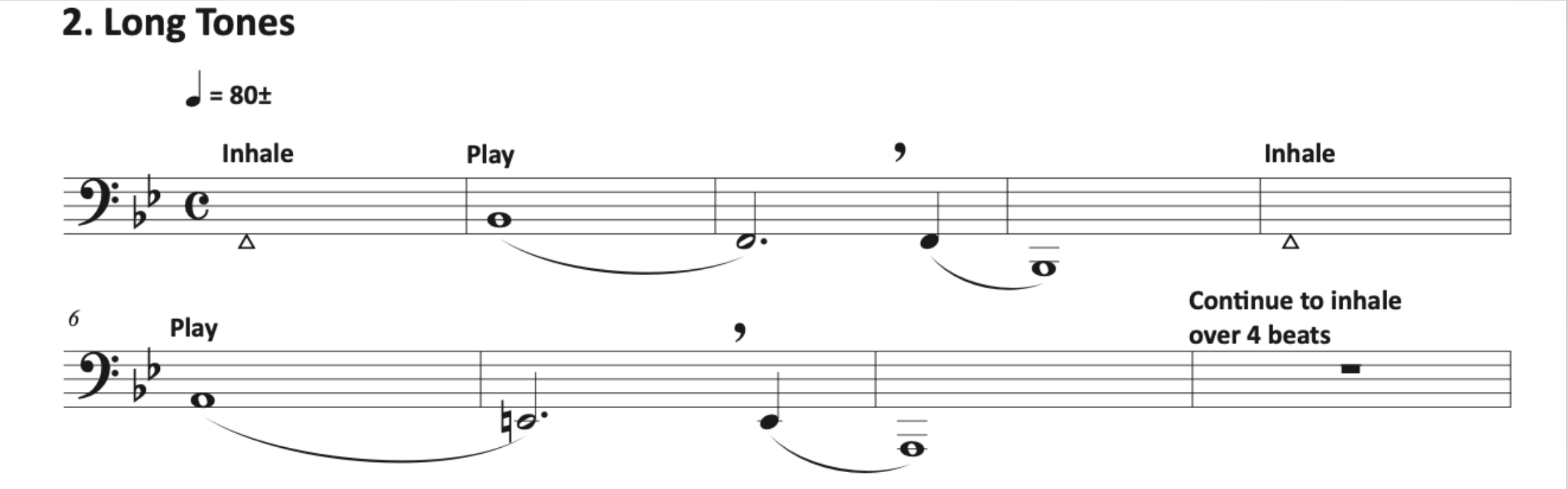
SOLO AND DUET ROUTINE EXERCISES FOR MAXIMUM BENEFIT

- Advantages of collaborative fundamentals
- Positive educational uses in a lesson setting

MUSICAL EXAMPLES

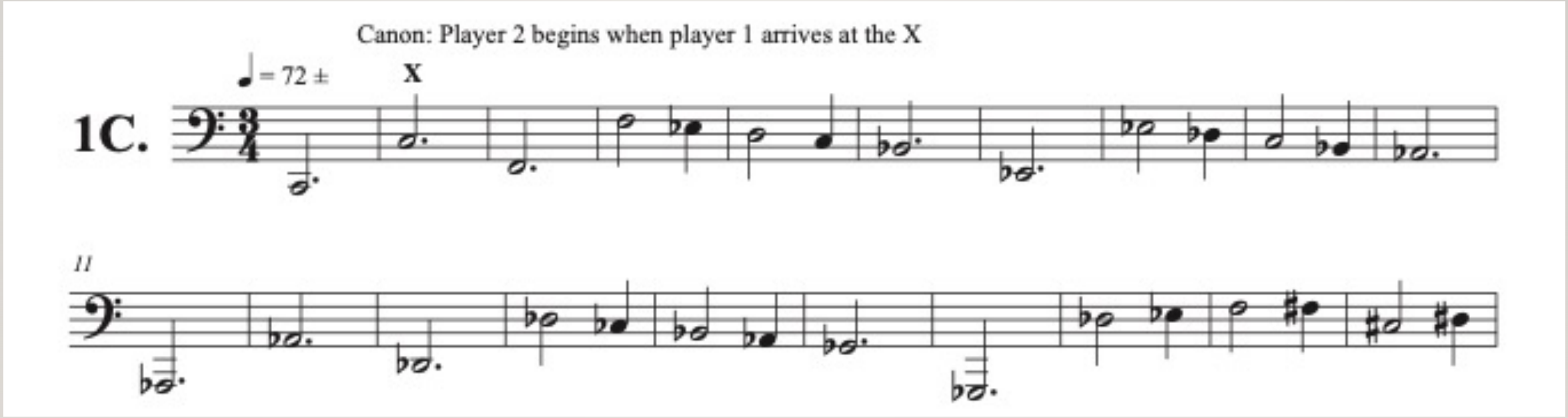
BREATHING/LONG TONES

- Student Book: page 8, #2 (Basic) long tones



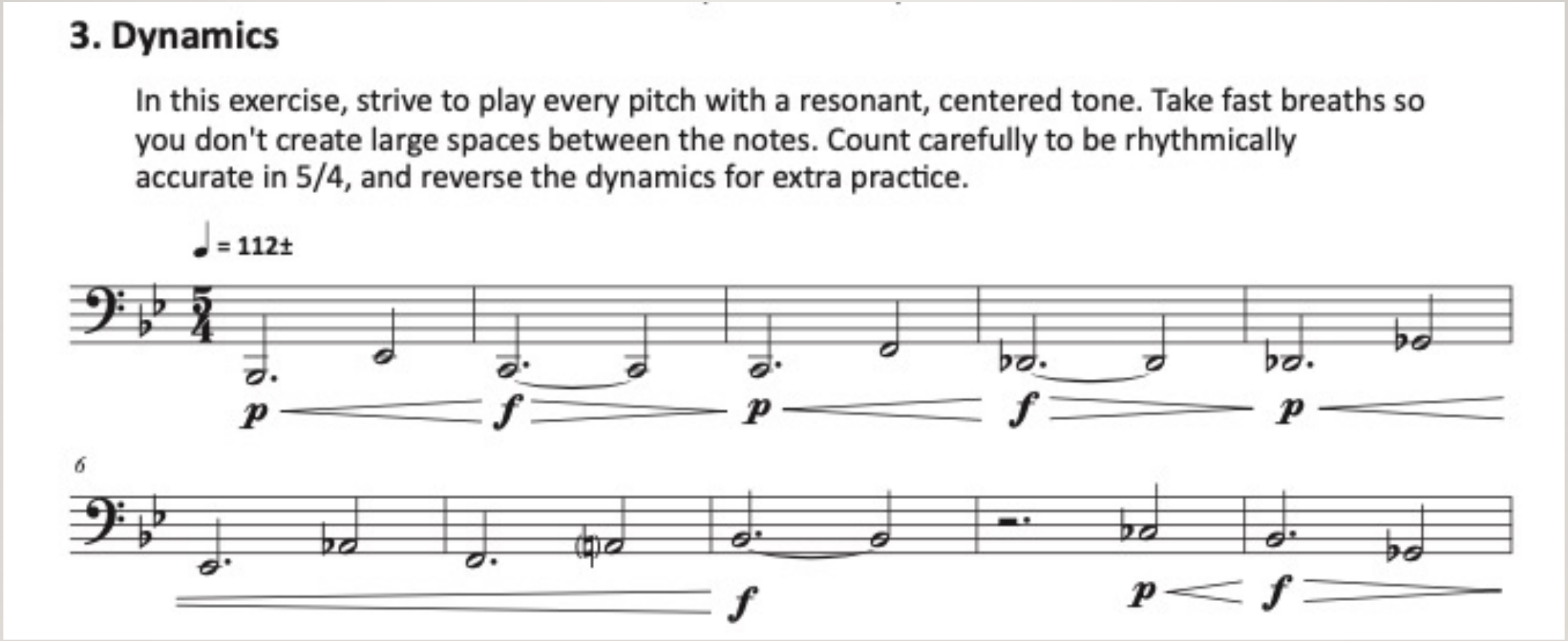
BREATHING/LONG TONES

- Regular Book: p.82 #1C. (Duet Routine) Long tones and easy patterns



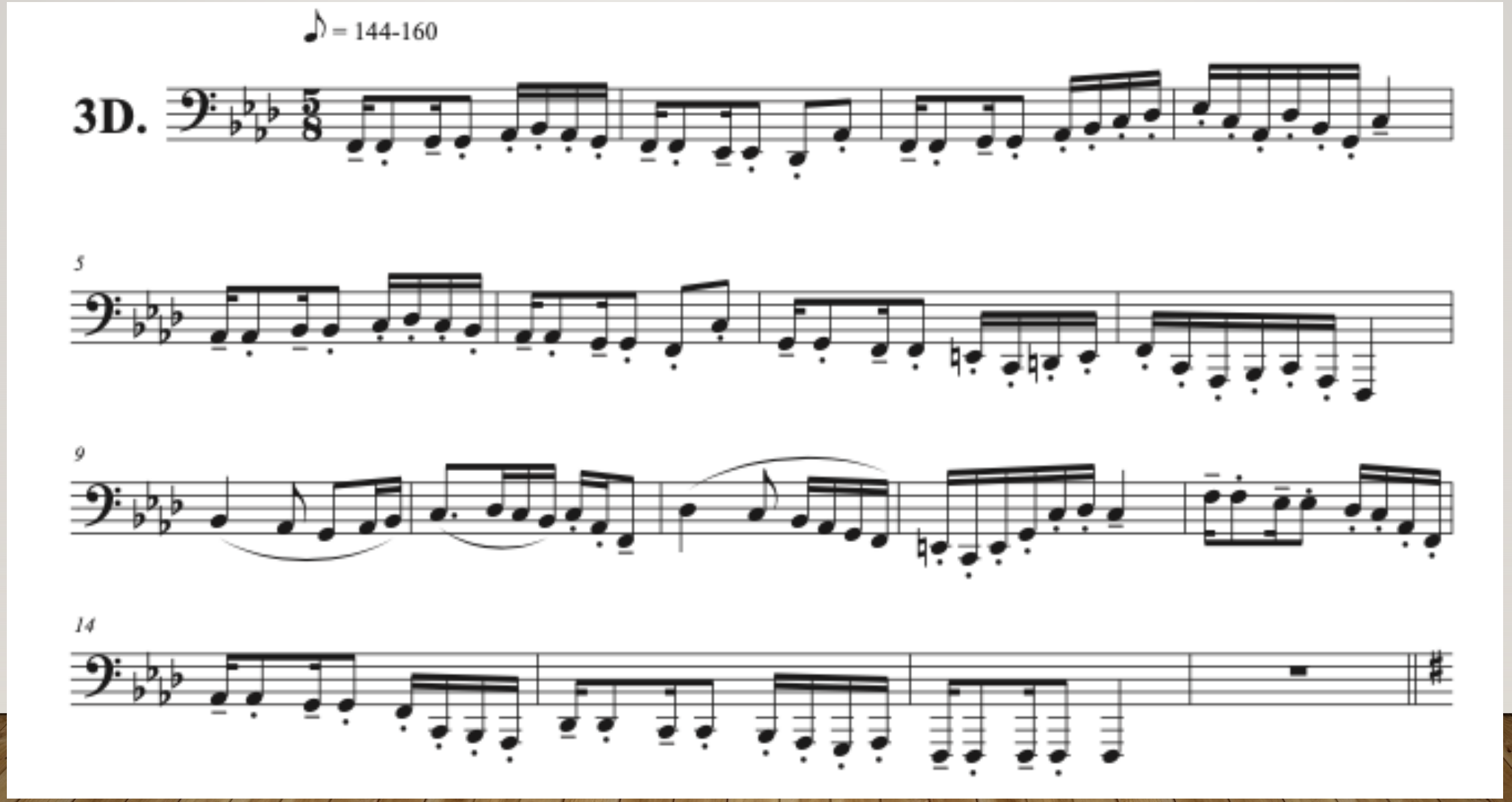
DYNAMICS

- Student Book: p.23#3. (Flexibility) Dynamics



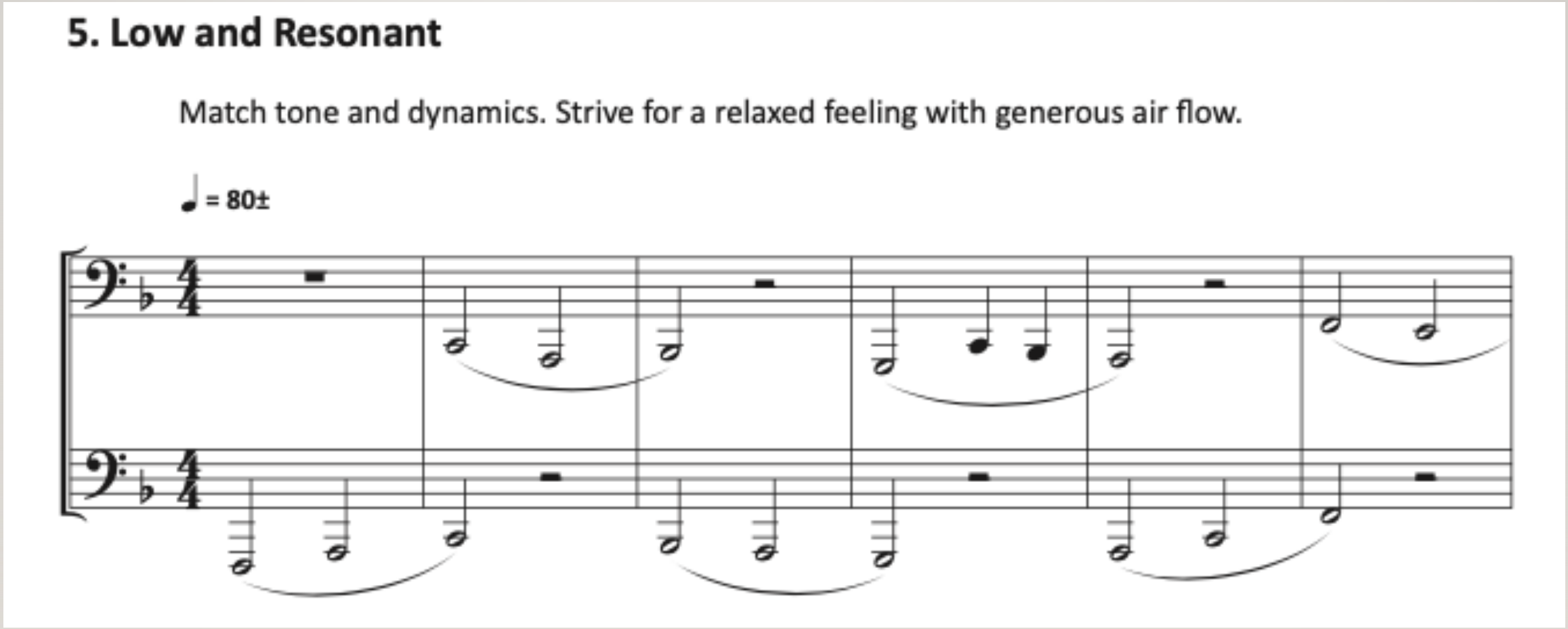
ARTICULATION

- Regular Book: pp.35-36 #3D. (articulation) articulation



LOW AND RESONANT

- Student Book: p.58 #5. duo (Duet) Low and Resonant

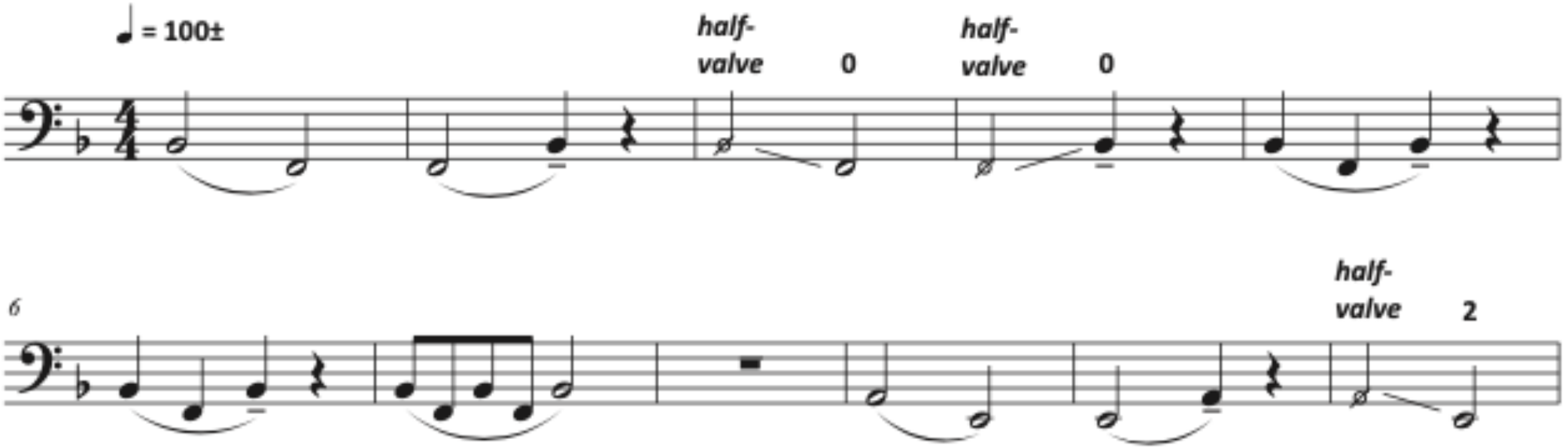


FLEXIBILITY

- Student Book: p.11#6 (Basic) Lip slurs

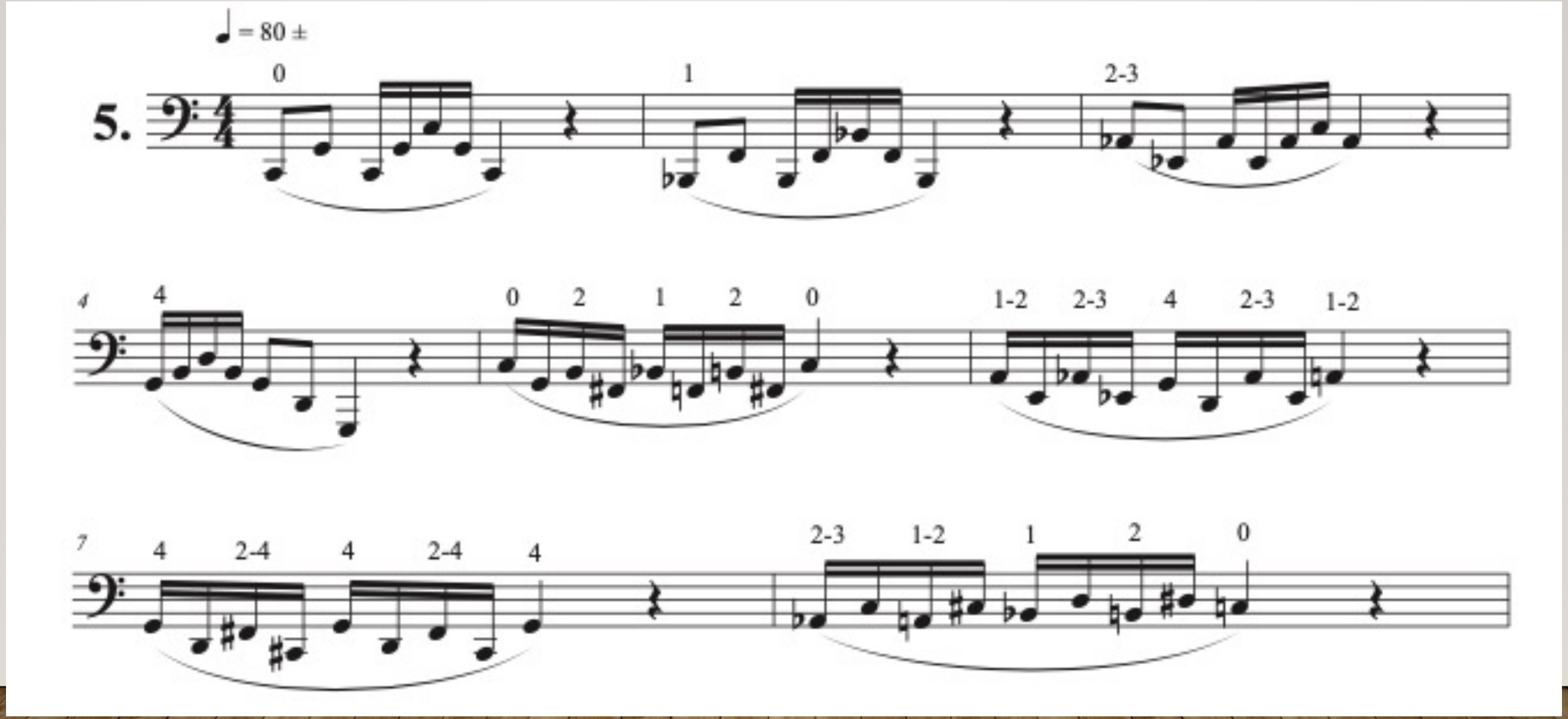
6. Lip Slurs

In this exercise, use half-valve technique to improve your slurs. To play with half-valves, depress any combination of valves only halfway down to add resistance (using more valves will add more resistance). Once you secure the pitch with the half-valve fingering, slowly return to the regular fingering for that series as indicated. Strive to make the transition from half-valve to regular fingering smooth, and don't forget to breathe well so you have plenty of air to execute the slur.



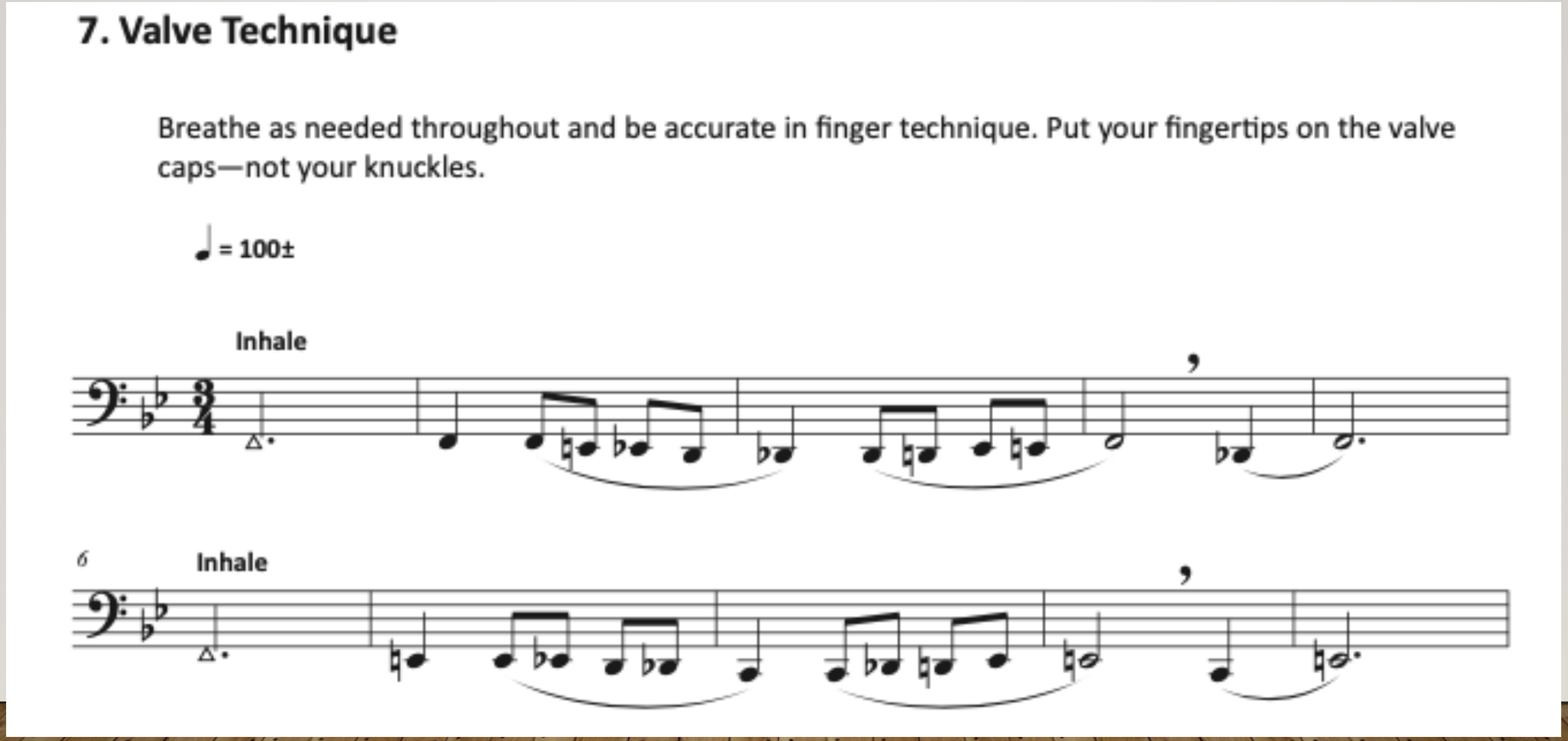
FLEXIBILITY

- Regular Book: pp.62-63#5 (valve dexterity) lip slurs



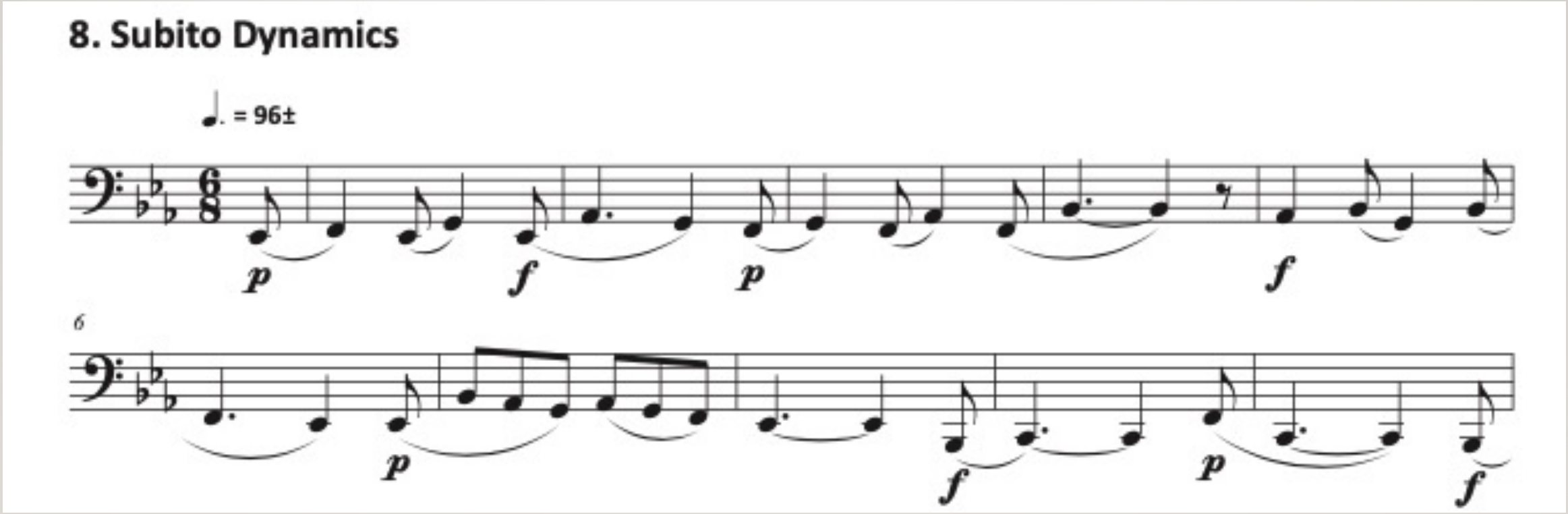
DEXTERITY

- Student Book: p.13#7 (Basic) Valve technique (3 lines)



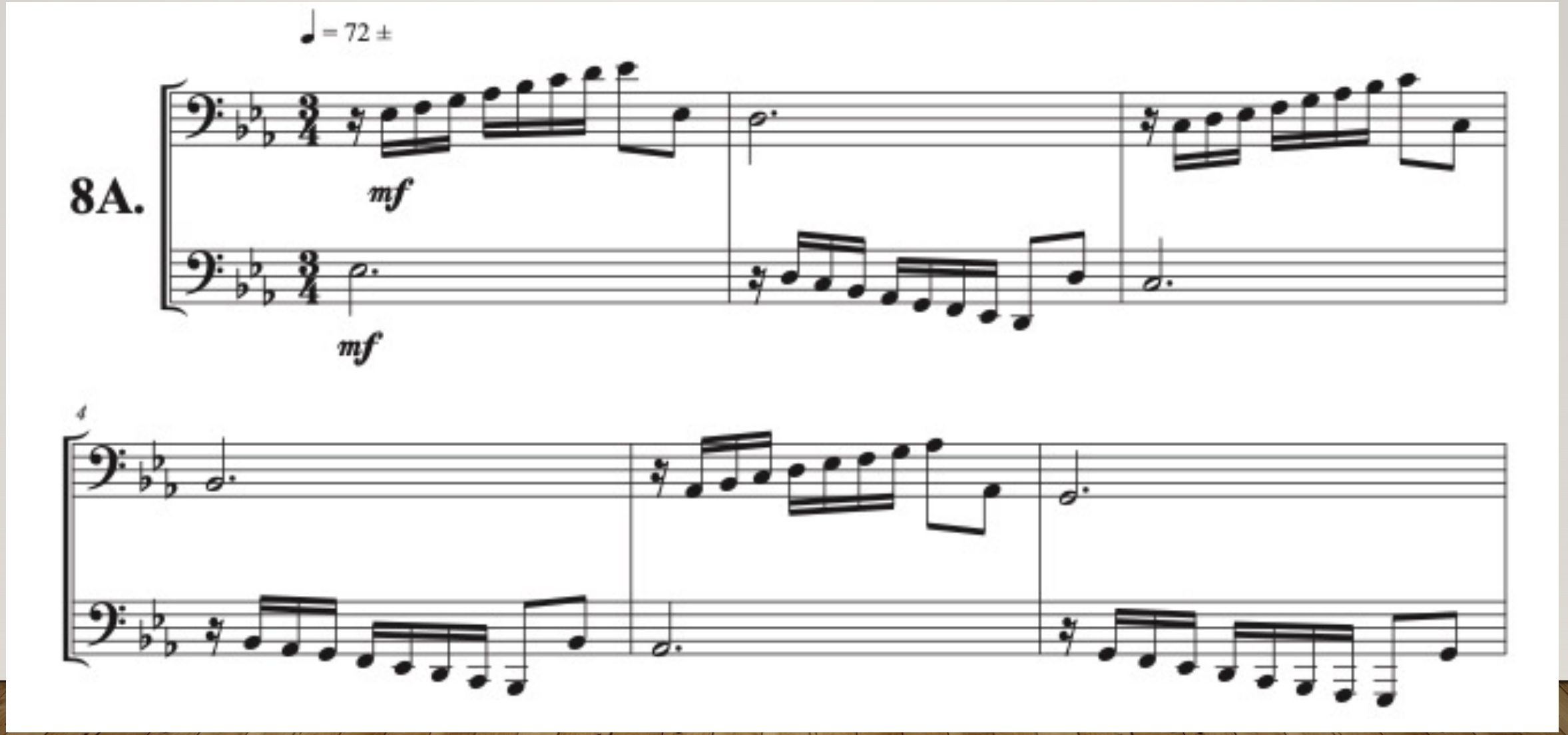
SUBITO DYNAMICS

- Student Book: p.26#8 (Flexibility) Subito



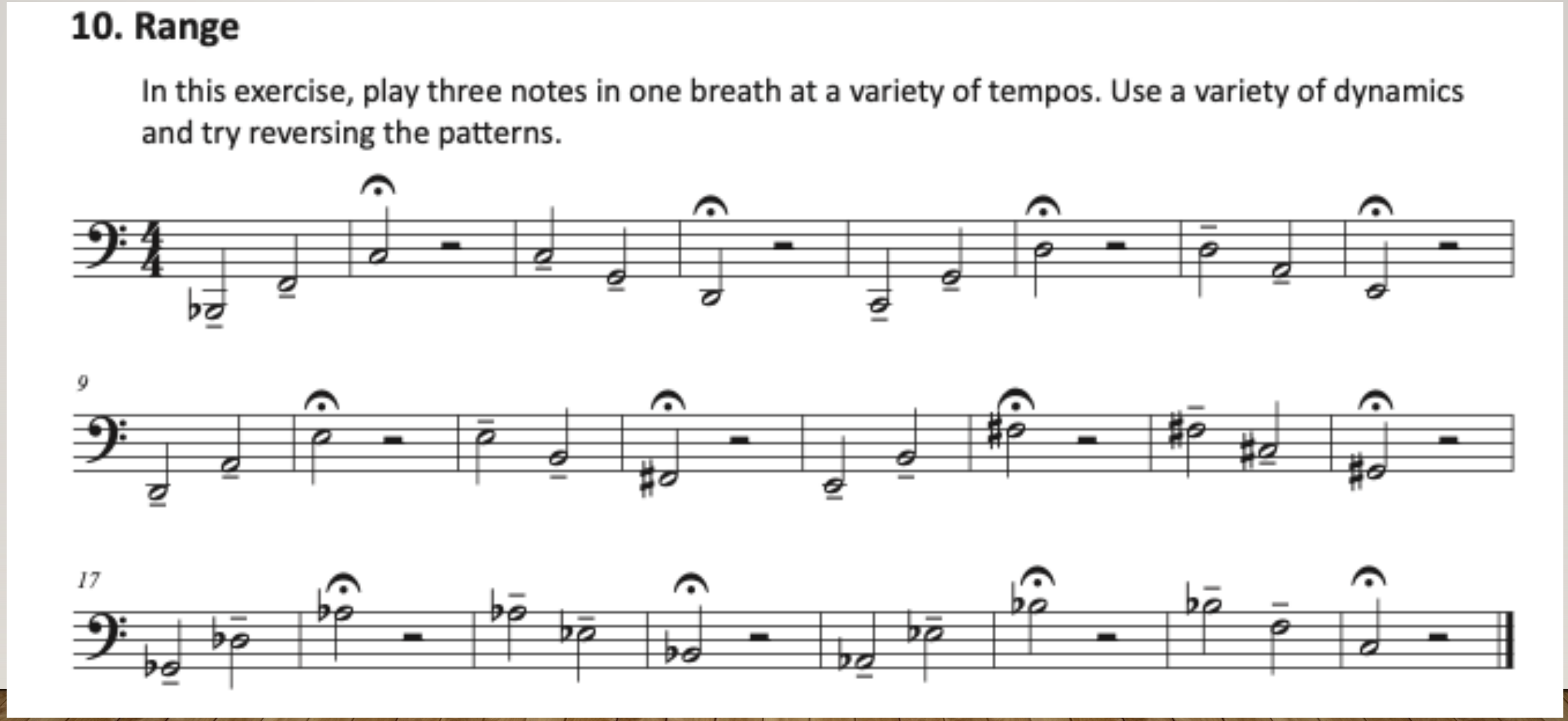
SCALES/INTERVALS/ARPEGGIOS

- Regular Book: p.122#8a (Euph tuba Duet) scales



RANGE

- Student Book: p.27#10 (Flexibility and Accuracy) Range



CLOSING REMARKS AND QUESTIONS

Prioritizing consistent practice, musicians can build a solid foundation that not only strengthens their technical skills but also fosters a deeper understanding of musical expression. Daily routines will ensure that students remain engaged and energized throughout their learning journey, ultimately leading to more proficient and well-rounded musician.

THANK YOU

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EASTMAN