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The How and Why of Music Bringing Music to Life

Barry Green

Inner Game of Music

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JAM – SCAT – MOVE – GROOVE

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The How and Why of Music

Bringing Music to Life

Lecture Demonstration

Barry Green, author and double-bassist
assisted by Paul Kenyon, piano

*Inner and Outer Games exist in music making, concert programming,
dance, theater, sports, and business.*

*Our inner focus is internal. Our outer focus is external.
There is no right or wrong, good or bad. Both exist.
Our awareness and acceptance of both can inform our decisions.*

HOW do we MAKE MUSIC?

Body Demo:	Rhiannon Music – Group (BML)
Inner Voice Demo:	With Inner Voices – (IG) Piazzolla Oblivion & Tango (AW)
Discipline:	How do we play fast? Daniels Video (MOM), Arvo Part (AW)
Passion:	How do we teach feeling – passion – expression? Darling (MOM), Casals (AG), Nature Scene (AG)
Voice:	Inner vs. Outer – Peterson (MOM), Love Song (AG)
Movement:	Kronos Video (BML), Scofield 5 words (BML)

WHY do we MAKE MUSIC?

- Outer requirements – expectations, demands, obligations.
- Common program motivations include: (1) competition, (2) rewards and \$\$, (3) technical advancement, (4) self-identity and status, (5) boast or grandstand.
- Inner goal – Music that we *feel* – role as messenger in the arts.
- Common motivations are to share: (1) joy/pleasure, (2) inspiration, (3) human compassion, (4) environmental compassion, (5) journey/fantasy.
- Corporon quote: “Music has the potential to empower, enrich, and change lives. The music we choose should have a convincing and compelling reason.”
- Clevinger Video (BML): “Music Is a High Calling – A Sacred Trust”

The Inner Game of Music

Barry Green (with W. Timothy Gallwey)

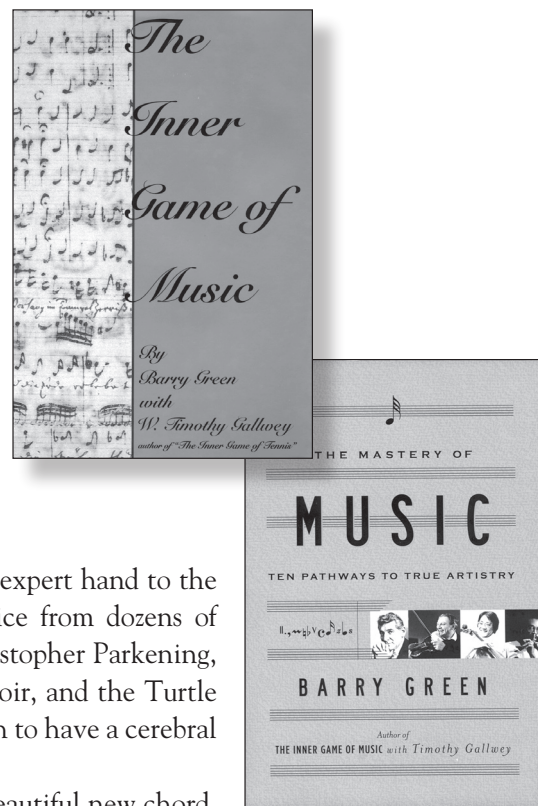
The Mastery of Music Ten Pathways to True Artistry

Barry Green

The Inner Game of Music, the breakout hit that became a standard primer in the music world, has taught thousands of musicians—professionals and amateurs alike—how to overcome self-consciousness and stage fright and to recapture a youthful, almost effortless capacity to learn.

In his follow-up book, *The Mastery of Music*, Barry Green turns his expert hand to the artistic pathways leading to extraordinary musicianship. He culls advice from dozens of interviews with legends, including Dave Brubeck, Bobby McFerrin, Christopher Parkening, Doc Severinsen, Frederica von Stade, Joshua Bell, the Harlem Boys Choir, and the Turtle Island String Quartet. In these dialogues, he discovers that it's not enough to have a cerebral and emotional connection to the notes.

Essential reading for every musician, *The Mastery of Music* strikes a beautiful new chord.



G-6126	The Mastery of Music. Quality paperback, 295 pages.	\$15.95
G-3598	The Inner Game of Music. Original hardcover, 225 pages	24.95
DVD-255	The Inner Game of Music. Two-hour DVD	89.95

Inner Game Workbooks for individuals:

T141	Inner Game Workbook for C Instruments with cassette (treble, alto, and bass clef)	\$25.00
T142	Inner Game Workbook for Transposed Instruments with cassette (B-flat, E-flat, and F instruments)	25.00
T143	Inner Game Workbook for Piano with CD	30.00
T144	Inner Game Workbook for Voice with cassette	30.00

About Barry Green

Barry Green, a native Californian, served as Principal Bassist of the Cincinnati Symphony for 28 years and was also former Executive Director of the International Society of Bassists. Green currently teaches double bass at the University of California–Santa Cruz. He has created two new multimedia productions called *Anna's Way: From Inspiration to Artistry* and *Anna's Gift: The Way of Passion*. These unique hour-long productions are for solo bass, narration with background visuals and performed in combo version as well as with full concert band. Green is author of three books dealing with the philosophy of music—the mind, body, and spirit: *The Inner Game of Music* (Doubleday, 1986), *The Mastery of Music: Ten Pathways to True Artistry* (Broadway/Doubleday, 2003) and *Bringing Music to Life!* (GIA, 2009). Green has also written three bass method books and many solo recordings.

Additional information about Barry Green, his activities, calendar of appearances, and more is available at www.innertimeofmusic.com

To contact Barry Green,
e-mail barry@innertimeofmusic.com

BRINGING MUSIC TO LIFE

BARRY GREEN

Foreword by DON CAMPBELL

World-class bassist and best-selling author Barry Green has spent his life learning and showing others how to bring music to life.

Three sections delve deeply into the methodology, techniques, and inspiration required to energize and enliven music making for amateurs and professionals alike. Green reaches inside to recount life-changing experiences. Fellow musicians describe how they have discovered the ability to create joy and excitement in performance.

A stimulating series of activities and reflections using YouTube video clips helps the reader take Green's ideas and concepts off the page and put them into action.

G-7413 HARDCOVER, 252 PAGES \$24.95

DVD— BRINGING MUSIC TO LIFE

BARRY GREEN

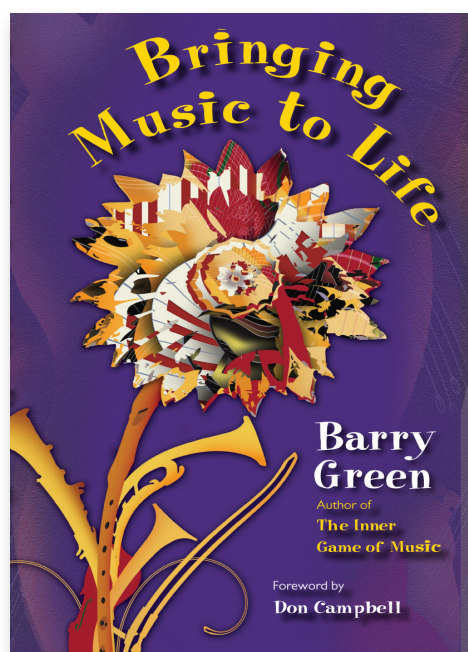
with special guest **DAVID DARLING**
Grammy-winning improvising cellist-educator

Astonishing demonstrations with more than 200 high school performers in a wide variety of music settings, this DVD captures the methods, techniques, and inspiration that best-selling author Barry Green employs to truly bring music to life.

Guest clinicians include David Darling, Kristin Korb, John Clayton, Alan Scofield, Mark Dresser, Mary Knysh, Lynn Miller, Julie Weber, Jerry Pannone, and Harvey Benstein.

YouTube links embedded on this DVD connect you to additional clips showing the *Bringing Music to Life* principles of breath, pulse, and movement, with examples from Gustavo Dudamel, Leonard Bernstein, Joshua Bell, Kronos Quartet, Tito Puente, and more.

DVD-786 2 HOURS \$24.95



"This is not a book to read, it is a book to live. *Bringing Music to Life* can launch your courage, vision, and vitality." —from the foreword by Don Campbell, author of *The Mozart Effect*.



Interactive exercises invite you to unlock the three pathways of breath, pulse, and movement. Play along, move, drum, and sing as you bring music to life with these simple, inspiring demonstrations.

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