

Make Warm-Ups Part of Your Routine,

Just Don't Make Them Routine!

Larry Clark, Clinician – Vice President, Editor-in-Chief – Carl Fischer Music

larryc@carlfischer.com

I. The Purpose of the Warm-Up

- A. Establish Pitch
- B. Establish Tone
- C. Establish Balance/Blend
- D. Establish Ensemble
- E. Technique Development
- F. Musicianship Training
- G. Aural Skills

II. Long Tones to Establish Pitch and Tone

- A. Teach pitch matching – care how you use tuners
- B. Tone Development
 - 1. Breathing – learn how to use air
 - 2. Vowel sound approach

III. Balance/Blend

- A. Pyramid
- B. Get inside the sound
- C. Lose independence of sound

IV. Technical Development

- A. Scales, scales, scales
- B. Brass Slurs
- C. Articulation
- D. Make it fun!
- E. Vary the exercises everyday!

V. Ensemble

- A. Unison is the great equalizer
- B. Chord Progressions
- C. Chorales/lyrical music
- D. Rhythm
- E. Players must be actively participating in the ensemble
- F. Make players accountable

VI. Resources

- A. *The Creative Director Series* by Edward Lisk
- B. *Exercises for Ensemble Drill* by Raymond Fussell
- C. *Effective Performance of Band Music* by Francis McBeth
- D. *3-D Band Book* by James Ployhar and George Zepp
- E. *Connections* by Larry Clark and Sean O'Loughlin

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