

## PRACTICE TIPS

1. Organize your warm up to prepare yourself physically, emotionally, musically.
2. Engage in common sense, disciplined practice. No random practicing, please. Don't do anything that you'll regret tomorrow, the day after, and the day after that.
3. Cover the basics every day. Combine elements for more efficient use of time (and chops).

Tone  
Scales  
Arpeggios

Range (all registers)  
Dynamics  
Multiple tonguing

Flexibility  
Technique  
Articulations

4. Start slowly, using exercises that are short and simple. Less is more! Slow is good! Slower is even better!
5. Always focus on consistency of tone and articulation. Remember that the middle and end of a note are just as important as the beginning, no matter how long or short the note. Don't forget to use your metronome!
6. Practice air patterns to assist in detecting flaws in the airline and to facilitate quick adjustments. A real chop saver!
7. The tongue always rides on the air line. Air behind the tongue will get you further, faster, for longer periods of time and with less effort.
8. In difficult passages, learn to isolate the skeleton line and build on that framework.
9. Don't keep practicing what you already know. Experiment with different starting points, focusing on the more difficult areas. Mix it up!
10. Practice extremes in balance with one another.
11. Practice difficult passages backwards for an additional challenge.
12. Repetition, repetition, repetition is your ally. Don't let your guard down!
13. Take the horn off your face. Well-placed rests can be as beneficial as well-placed notes.
14. Always make your practice sessions interesting and fun. If you're bored with your own music-making, can you imagine how your listeners are going to feel?
15. Always make MUSIC!

### BOOK RECOMMENDATIONS

Daniel Coyle - The Little Book of Talent: 52 Tips for Improving Your Skills  
Daniel Coyle - The Talent Code  
Brian Frederiksen - Arnold Jacobs: Song and Wind  
Randy Gardner - Good Vibrations (Master Class for Brass Players)  
Sam Pilafian & Patrick Sheridan - The Breathing Gym (Exercises to Improve Breath Control and Air Flow)  
Verne Reynolds - 150 Intonation Exercises for Brass Quintet

## SUCCESS IS NOT A DESTINATION IT IS A JOURNEY

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