

## **Sherlock Holmes Had It Right All Along: The Life and Studies of a Conductor and Master Teacher**

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### **The Midwest Clinic**

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**Sherlock Holmes** modeled techniques, sleuthing skills, and mindfully-developed intuitive powers that perfectly mimic those reflected in the life and studies of a master conductor and teacher.

### **Holmes' Skills of Mindfulness, Observation, Deduction, Introspection, and Intuition (and Those of a Gifted Score-Sleuth and Master Teacher) can be Cultivated by:**

- Insistence on Time for Study, Thinking, and Quiet
- Single Pointed Focus
- Use of All Senses - Forensic Score Study
- Attention to Individual Elements
- Childlike Wonder Regarding Details
- Management of Energy - Health and Well-being
- Saying it Aloud!
- Giving Yourself Space and Time (Away from the Score): Work-Life Balance
- Fluidity and Adaptability

“My mind,” he said, “rebels at stagnation. Give me problems, give me work, give me the most abstruse cryptogram or the most intricate analysis, and I am in my own proper atmosphere. But I abhor the dull routine of existence. I crave for mental exaltation. That is why I have chosen my own particular profession, or rather created it, for I am the only one in the world.” - *The Sign of Four*

### **Sherlock Holmes Presents the Perfect Model of Score Study:**

- Assimilate the Music By SEEING all components of the Music
- Internalize the Music through Audiation and Inner HEARING
- Develop a FEELING for Instigating Music in Others Through an Understanding of the Music

“Never trust to general impressions, my boy, but concentrate yourself upon details.” - *A Case of Identity*

### **Solving the Case - Compelling Conducting and Rehearsing is a Direct Outcome of Successful Study:**

- Compelling conducting results when the internalized music drives a conductor to mold the shapes and movements of the body.
- Compelling rehearsing is rooted in exceptional detective work and knowledge of the music through study, instrumentation and voices and their tendencies, musicians and their psychology, details that surround the rehearsal, and master teacher techniques.

“It is a capital mistake to theorize before you have all the evidence. It biases the judgment.” - *A Study in Scarlet*

### **Case Closed: The End Result**

You know my methods, Watson. There was not one of them which I did not apply to the inquiry. And it ended by my discovering traces, but very different ones from those which I had expected.” - *The Adventure of the Crooked Man*