Say What You Mean, Mean What You Say

Purposeful Gestural and Verbal Communication in Ensemble Settings

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How Will This Help?

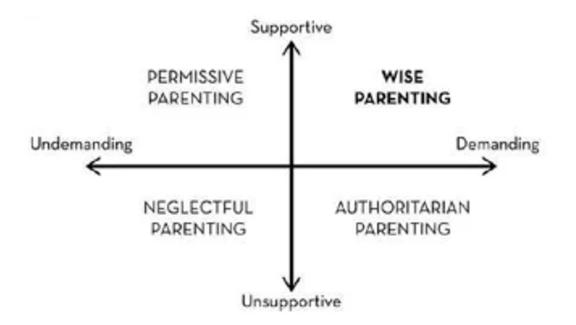
- Eliminate contradictory gestures and messaging
- Purposeful communication creates an immersive rehearsal environment
- Maximize limited rehearsal time
 - More engaging rehearsals
 - More intentional music-making

Rehearsal Atmosphere

- EVERYTHING you do carries a message!
 - Be present and engaged for every moment of the rehearsal
 - Wear clothing that promotes communication
- Structure rehearsals intentionally
 - Where to put announcements/logistics?
- Prioritize gestural communication
- Service leadership requires collaborative language
 - Change "I/me" to "we/us" (eliminate "I want")
 - Focus on students and music
- Goal-oriented, encouraging, and positive
 - Listen for what is <u>right</u>
 - Focus on how to improve
 - Praise growth and improvement (over "getting it right")
 - Praise work ethic (over "talent")

Rehearsal Atmosphere

- Be a "psychologically wise" teacher
 - Both demanding and supportive (warm, respectful, encouraging)



Duckworth, Angela: Grit: the Power of Passion and Perseverance

Have Something to Say

- Score study and research
 - Understand the composer's intent
 - Develop your informed interpretation

Have Something to Say

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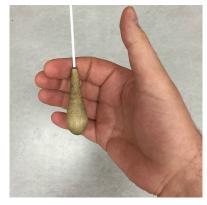
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Non-verbal Communication

- Review conducting basics often (they *really* matter!)
- Prioritize engaging and connecting
 - Eye contact (variable plane)
 - Facial expression
- Create an "energy field" in front of you
 - Posture
 - Torso/chest (the source of <u>all</u> your energy!)
 - Arm/hand position
- Affect the energy field to change sound
 - Use shared human experience
 - Connect gestures to breath
 - Tactile sensations (space objects and substance)

Clarity of the Message

Baton grip



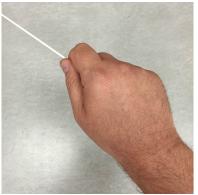
Step 1: Balance baton at 1st knuckle



Step 3: Wrap fingers lightly over handle



Step 2: Place thumb over baton



Step 4: Turn palm downwards

Clarity of the Message

- Baton grip
- The three planes (what does each change)
- Hinges (which hinge matches the music)
 - Isolate hinges (if elbow moves, how much should wrist resonate?)
- Articulation and weight
- Dynamics and intensity
 - Speed/size
 - Breath/core
- Beats and beat patterns

Verbal Communication

- Reinforce gestures with language
- Expand your vocabulary
- Talk with your hands
- Make sound effects (onomatopoeia)
- Sing!
- Avoid repetitive speech mannerisms
- After verbal direction, reinforce language with gesture

Conclusion

- Constantly evaluate your communication
- To create art, we must communicate artistically

Questions? Comments?

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