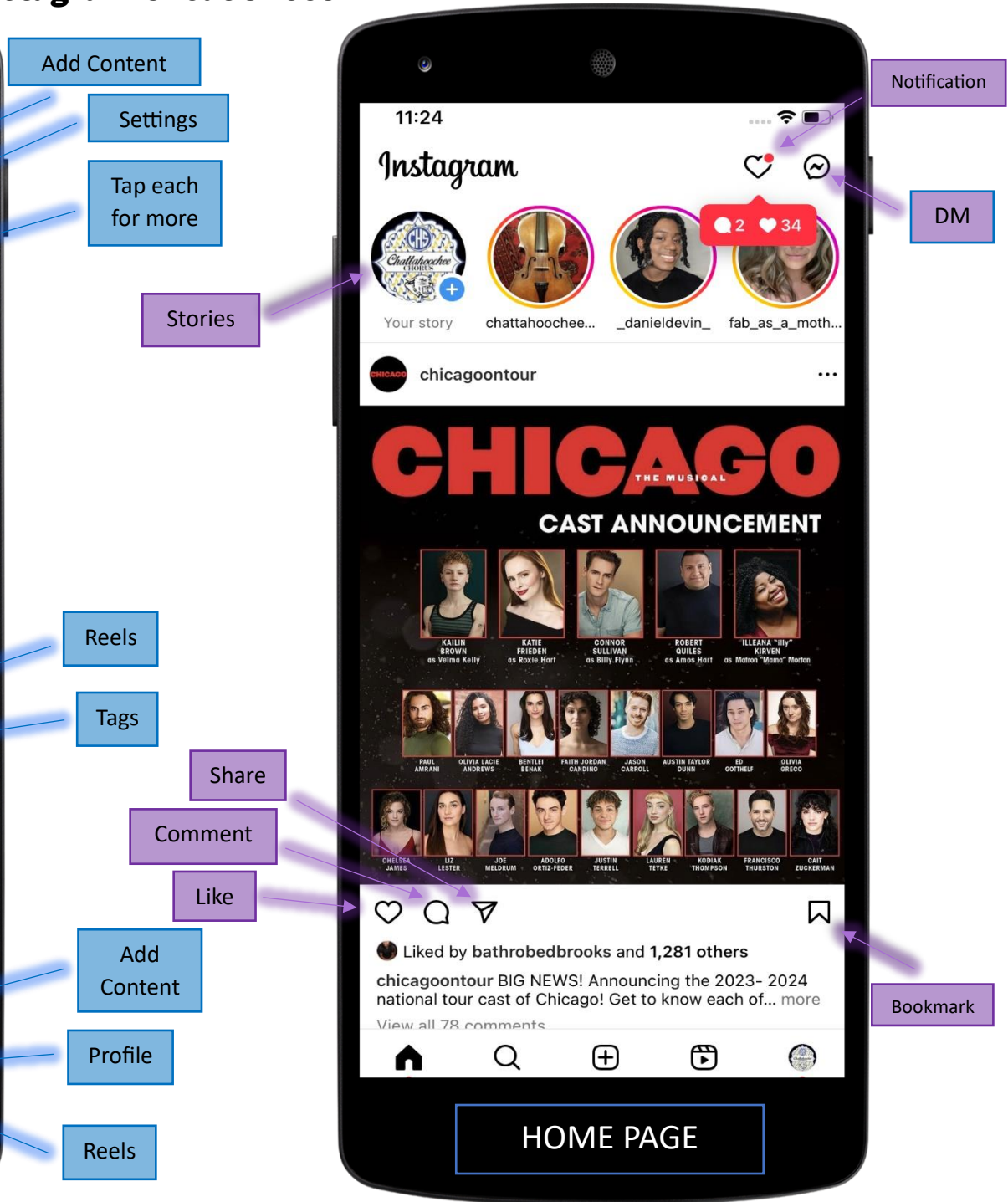
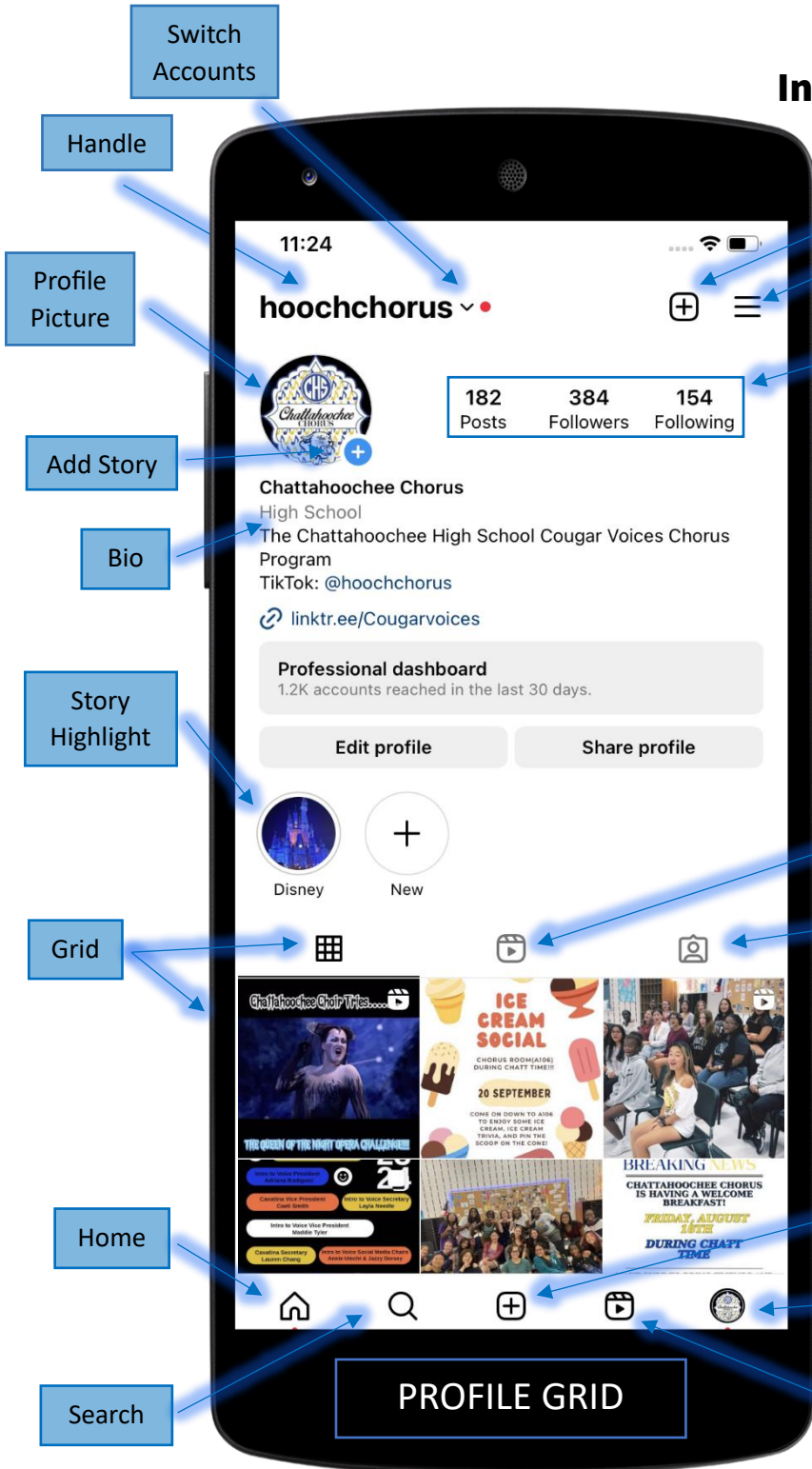


Instagram Cheat Sheet



Demystifying Social Media & Making It Work for You

Jennie Fabianski & Matthew Crisman

Instagram Checklist

BEFORE WE START

- Instagram installed on your device
- Logged into Instagram
- Choose a photo or video from your camera roll

POST

- Choose photo or video
- Next (top right-hand corner)
- Add filter or music
- Write Caption
- Hashtag, Tag Accounts & Location
- Advanced Settings > Hide Likes
- Share

STORY

- Choose photo or video
- Letters, Stickers & Effects
- "Your Stories" to Share

REELS

- Choose photo or video
- Edit & Add Content
- Audio, Effects, Stickers & Letters
- Download
- Write Caption
- Hashtag, Tag Accounts & Location
- Advanced Settings > Hide Likes
- Share

