

# Flute Tips and Tricks: Making Tone and Pitch Development Fun Using Something Old and Something New

Dr. Olivia Boatman and Dr. Keith Hanlon

## Clinic Synopsis:

An exploration on teaching a full flute tone using both the traditional approach along with extended techniques. This session will introduce how to use extended techniques to supplement your flute students' traditional tone studies. We will demonstrate fun exploratory exercises for students and have lesson plan examples for all ranges of abilities.

## Extended Techniques

- Natural Multiphonics
- Harmonics
- Pitch Bend
- Flutter Tonguing
- Singing and Playing
- Whistle Tones
- Beatboxing

## Beginning Flutist (Beginning Band)

- Air Support
- Relaxed Embouchure
- Headjoint Only
  - o “Mary Had a Little Lamb” or “Hot Cross Buns”
- Extended Techniques
  - o Natural Multiphonics
  - o Beatboxing Fundamentals – “Sh”
- Band Book Example
  - o “Hot Cross Buns” using “Sh”



## Intermediate Flutist (Junior High Band)

- Long Tones
- Dynamics
  - o Faster Air = Sharper / Slower Air = Flatter
  - o Greater Volume of Air (Louder) = Sharper / Less Volume of Air (Softer) = Flatter
  - o Angle of Air Stream Down = Flatter / Angle of Air Stream Up = Sharper
- Extended Technique
  - o Pitch Bend
  - o Flutter Tonguing

- Singing and Playing
- Beatboxing Fundamentals – “K” and “Sh”
- Band Book Example
  - “Habanera” using Flutter Tonguing or Beat Boxing

Flute

The image shows two staves of musical notation for a flute exercise. The first staff is in 2/4 time, starting with a treble clef and a key signature of two flats (B-flat and E-flat). The melody consists of eighth and quarter notes. The word "Flutter" is written below the staff at two points. The second staff starts with a measure rest (marked '9') and continues the melody. Below this staff, the vocalizations "K..K..", "Sh... K..", and "Sh..." are written under the corresponding notes.

### Advanced Flutist (High School Band)

- Long Tones
- Vibrato
  - Developing Control of Speed and Wave Depth
- Extended Techniques
  - Singing and Playing
  - Harmonics
  - Whistle Tones
  - Beatboxing Fundamentals – “B”, “Sh”, “K”
- Band Book Example:
  - Scales

The image shows a single staff of musical notation for a scale exercise in 4/4 time, starting with a treble clef and a key signature of two flats. The scale is written as a series of eighth notes. Below the staff, the instruction "Sing 'F' throughout the scale" is written.

### Suggested Flute Specific Resources

- Beginning
  - Rubank - “Elementary Methods”
  - George – “Flute 101: Mastering the Basics”
- Intermediate
  - Moyses – “De La Sonorite”
  - George – “Flute 102 and 103: Mastering the Basics”
- Advanced
  - Wye – “Practice Book for the Flute”
  - Moyses – “Tone Development Through Interpretation”
  - Taffanel and Gaubert – “17 Big Daily Exercises”
  - Patillo – “Beatbox Flute Method Book”