

Building Blocks of a Flute-Tastic Sectional Handout

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Introduction

- Overview of the 5 aspects of flute playing to focus on during sectionals and practice sessions
- Important points to remember with an emphasis on fundamentals and proper flute playing

Basic Structure of Sectionals

- Weekly structure of sectionals (tone, technique/scales, structure, and band music)
- Proper flute playing checklist for band directors to utilize during sectionals

Tone

- Tone checklist (facial structure, embouchure, tone quality, etc.)
- Variety of exercises (low, middle, and high) for tone and harmonics (ex. low and middle register octave slurs, air speed exercise, etc.)

Flexibility

- Flexibility checklist (embouchure, lower and upper note lip placement)
- Variety of exercises for flexibility (ex. Octave slurs, interval exercises, etc.)

Vibrato

- Vibrato checklist (checklist of proper vibrato playing techniques in sectionals)
- Vibrato Exercises (ex. "Gut Puffs" exercise, vibrato speed exercises, etc.)

Intonation

- Intonation checklist (checklist of proper intonation in sectionals and at home)
- Variety of exercises for intonation (ex. Intonation interval guide, practicing intonation exercise, etc.)

