



Applying the Wit and Wisdom of Ted Lasso to the Classroom

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The Midwest Clinic

Thursday, December 19, 2024 - 8:30 am (W193)

- I. Overview
 - a. Ted Lasso and his character
- II. Understanding his wisdom
 - a. Positive mindset and optimism
 - i. Impact on the classroom
 - b. Building Relationships and Empathy
 - i. Approach to connecting with people
 - ii. Importance in the teacher-student relationship
- III. Leadership and Team Building
 - a. Coaching style
 - i. Fostering a supportive team environment
 - ii. Coaching principles to teaching practices
 - b. Handling of challenges and setbacks
 - i. Resilience in face of adversity
 - ii. Navigating challenges with grace
- IV. Communication and Motivation
 - a. Effective communication strategies
 - i. Use of humor and relatability
 - ii. Applying communication skills in classroom
 - b. Motivating students
 - i. Techniques
 - ii. Incorporating into teaching
- V. Personal Growth and Learning from Failure
 - a. Journey of personal development
 - i. Learning from mistakes
 - ii. Encouraging a growth mindset
- VI. Closing
 - a. Additional Favorite Quotes

How to “be” like Ted Lasso

Be Courageous

Be Curious

Be a Diamond Dog

Be Different

Be a Goldfish

Be Optimistic

Be Sincere

Be Teachable

Be a Team Player

Be Vulnerable

APPLICABLE QUOTES (Season and Episode)

- **All from Ted Lasso unless otherwise noted.**

Creating Attitude:

- “You say impossible, but all I hear is I’m possible.” (s2, e11 - “Midnight Train to Royston”)
- “Fútbol is LIFE!” (s1, e6 - “Two Ace” by Dani Rojas)
- “Just breathe.” (s1, e7 - “Make Rebecca Great Again” by Rebecca Welton)
- “I do love a locker room. It smells like potential.” (s1, e1 - “Pilot”)
- “I suppose the best brand is being yourself.” (s2, e5 - “Rainbow” by Leslie Higgins)
- “Just listen to your gut, and on the way down to your gut, check in with your heart. Between those two things, they’ll let you know what’s what.” (s2, e11 - “Midnight Train to Royston”)
- “Living in the moment, it’s a gift. That’s why they call it the present.” (s2, e7 - “Headspace”)
- “There are better things ahead than any we leave behind.” (s3, e3 - “4-5-1” by Keeley Jones)

Being Vulnerable:

- “Taking on a challenge is a lot like riding a horse, isn’t it? If you’re comfortable while you’re doing it, you’re probably doing it wrong.” (s1, e1 - “Pilot”)

Practice and Performance:

- “Don’t you dare settle for fine!” (s2, e1 - “Goodbye Earl” by Roy Kent)
- “As the man once said, the harder you work, the luckier you get.” (s1, e1 - “Pilot”)
- “You know what the happiest animal on earth is? It’s a goldfish. You know why? It’s got a 10-second memory.” (s1, e2 - “Biscuits”)
- “You beating yourself up is like Woody Allen playing the clarinet. I don’t want to hear it.” (s1, e9 - “All Apologies”)
- “Your body is like day-old rice. If it ain’t warmed up properly, something real bad could happen.” (s1, e9 - “All Apologies”)
- “What do you say we do what the man says and make today our masterpiece?” (s2, e3 - “Do the Right-est Thing”)
- “Human beings are never gonna be perfect. The best we can do is to keep asking for help and accepting it when you can. And if you keep on doing that, you’ll always be moving towards better.” (s3, e12 - “So Long, Farewell” by Leslie Higgins)
- “Change isn’t about trying to be perfect. Perfection sucks. Perfection is boring.” (s3, e12 - “So Long, Farewell” by Coach Beard)

Classroom Management/Conflict Resolution

- “Unless you make thoughtful amends, you will stink forever.” (s2, e4 - “Carol of the Bells”)
- “You two knuckleheads have split our locker room in half. And when it comes to locker rooms, I like ‘em just like my mother’s bathing suits. I only wanna see ‘em in one piece, you hear?” (s1, e4 - “For the Children”)
- “Problems, they’re like mushrooms. The longer you leave them in the dark, the bigger they get.” (s2, e4 - “Carol of the Bells” by Keeley Jones)

Content Knowledge

- “You could fill two internets what I don’t know about football.” (s1, e1 - “Pilot”)

Mentorship

- “Old people are so wise. They’re like tall Yodas.” (s2, e2 - “Lavender” by Jamie Tartt)
- “A good mentor hopes you will move on. A great mentor knows you will.” (s2, e12 - “Inverting the Pyramid of Success” by Leslie Higgins)

Teamwork

- "I think that you might be so sure that you're one in a million, that sometimes you forget that out there you're just one in 11. And if you just figure out some way to turn that 'me' into 'us'...the sky's the limit for you." (s1, e2 - "Biscuits")
- "If you care about someone, and you got a little love in your heart, there ain't nothing you can't get through together." (s1, e9 - "All Apologies")

Work/Life Balance

- "It's more than a game to me. It's all I've ever known. It's who I am. It's all I am." (s1, e9 - "All Apologies" by Roy Kent)

Planning

- "There's two buttons I never like to hit: that's panic and snooze." (s2, e1 - "Goodbye Earl")
- "Point is, a lot of times, the right idea is just sitting behind a couple of the wrong ones." (s3, e7 - "The Strings That Bind Us")
- "It may not work out how you think it will or how you hope it does. But believe me, it will all work out." (s2, e5 - "Rainbows")
- "Every disadvantage has its advantage." (s1, e10 - "The Hope That Kills You" by Rebecca Welton)

Community and Connection

- "Be Curious, not Judgmental" (s1, e8 - "The Diamond Dogs")
- "It's just a group of people who care, Roy. Not unlike folks at a hip-hop concert whose hands are not in the air." (s1, e8 - "Diamond Dogs")
- "I want you to be grateful that you're going through this sad moment with all these other folks. Because I promise you, there is something worse out there than being sad, and that is being alone and being sad. Ain't nobody in this room alone. Let's be sad now. Let's be sad together." (s1, e10 - "The Hope That Kills You")
- "For me, success is not about the wins and losses. It's about helping these young fellas be the best versions of themselves on and off the field." (s1, e3 - "Trent Crimm: The Independent")
- "I think one of the neatest things about being a coach is the connection you get to make with your players. That's a loss that hits me a lot harder and is gonna stay with me a lot longer than anything that happens while playing a game on a patch of grass." (s1, e7 - "Make Rebecca Great Again")

Never Giving Up

- "I hope that either all of us, or none of us, are judged by the actions of our weakest moments, but rather the strength we show when and if we're ever given a second chance." (s3, e11 - "Mom City")
- "I think it's the lack of hope that comes and gets you. ...See I believe in hope. I believe in believe." (s1, e10 - "The Hope That Kills You")
- "I lost my way for a minute, but I'm on the road back." (s1, e9 - "All Apologies" by Rebecca Welton)
- "Isn't the idea of 'never give up' one of them things we always talk about in sports? And shouldn't that apply to people too?" (s2, e2 - "Lavender")