

GET OFF THE PODIUM!

JODIE BLACKSHAW

Listening/movement music recommendations aligned with 'Belah Sun Woman':

PITCH:

MELODY

1. *Nigel Westlake* – Antarctica: Wooden Ships (soloist Slava Gregorian)
2. *Peter Sculthorpe* – Port Arthur: In Memoriam
(version for trumpet – soloist Mark Skillington; version for oboe – soloist Joseph Ortuso)
"This work was written for the victims of the massacre at Port Arthur, 28 April 1996, for those who died and for those who live with the memory of it."
3. *Percy Grainger* – One more day, my John (played by Grainger in 1945)
The complete 78-rpm solo recordings 1908-1945; Appian Publications and Recordings Ltd; LC 23278

SHAPE:

STRUCTURE (layered entry)

1. *Larry Sitsky* – Violin Concerto No. 2 "Gurdjieff" 3rd Movement *Allegretto*
2. *Percy Grainger* – Lincolnshire Posy: Lost Lady Found
Recommended recording: "In a nutshell" ArkivMusic Simon Rattle, City of Birmingham Orchestra
3. *William Walton* – Death of Falstaff (Passacaglia from Henry V film soundtrack)

TEXTURE

Recipe analogy:

King Curtis - Memphis Soul Stew

For building layers of sound

1. *Ludwig van Beethoven* – Symphony No. 7, 2nd Movt *Allegretto* (A minor)
2. *Sarah Hopkins* - Past life melodies (from *Reclaiming the Spirit*)
3. *Michael Nyman* – Covening the Coven (rejected soundtrack from Practical Magic – available through You Tube)

MOTION:

DUPLE METRE: (fast 4/slow 2)

Wolfgang Amadeus Mozart - Dies Irae (from *Requiem*)

TRIPLE METRE: (swinging/rocking motion)

1. *Christina Rosmini* – La mer continue (from *Sous l'oranger*)
2. *Traditional* – I saw three ships (from *This Christmas* as performed by Imani Winds)

ALTERNATING METRE:

1. *Bulgarian Folk Music* – Polegnala e Todoro (from *Music of Bulgaria* – NOT the Howard Goodall English version!)
2. *Jethro Tull* – Thick as a Brick Part I (excerpt recommended – first 3 minutes)
3. *Little Stevies* – Rock n Roll (from *Love your band*)

EMOTION:

ANXIOUS:

John Adams – Tromba Iontana

PLAYFUL:

1. *Nigel Westlake – Penguin Circus*
2. *Ross Edwards - Marimba Dances*
3. *Leonard Bernstein – I feel pretty (arranged by Dave Grusin)*

ANGER:

Gustav Holst – Mars, Bringer of War

WONDER/AWAKENING:

*Sarah Hopkins (from *Reclaiming the Spirit*)*

1. *Awakening Earth*
2. *Reclaiming the Spirit*

**All music selections are available through iTunes if not otherwise stated.

ORFF SCHULWERK:

American Orff-Schulwerk Association: <http://www.aosa.org>

Inspiring American-based Orff-Schulwerk teacher: <http://www.douggoodkin.com>

The Orff Institute, Salzburg, Austria: <http://www.orffinstitut.at/index.php?id=2&L=1>

Australian National Council of Orff-Schulwerk: <http://www.ancos.org.au>

FOR FURTHER INFORMATION/QUESTIONS/IDEAS:

Please email me directly: belahsunwoman@rocketmail.com

Please note: Belah Sun Woman is not yet published but will be in 2013. Should you be interested in the piece, contact me on the above email address for information regarding publication.

Thank you!

Jodie Blackshaw

***“It is vital that when educating our children’s brains
we do not neglect to educate their hearts.”***

Dalai Lama

Curriculum Building

Elementary Band Music that reinforces concepts introduced in *Belah Sun Woman*

Repertoire that engages canon or imitative counterpoint

American Rounds	Bob Phillips	FJH
Simple Song	Ralph Hultgren	Brolga Music
Valiance	Robert W. Smith	Barnhouse
Antiquitus	Joseph Compello	Carl Fischer
Family Fugue	Timothy Loest	FJH

Repertoire that engages layered entry, ostinati and limited pitch material

Dragon Slayer	Rob Grice	FJH
Sahara	Roland Barrett	FJH
Clouds	Anne McGinty	Kjos Music
Whirlwind	Jodie Blackshaw	Manhattan Beach
Scirocco	Roland Barrett	Belwin

Repertoire that engages concepts of beat/meter changes, moving line harmonies

Taiko Drums*	Kevin Mixon	Kendor
Morning Reflection	Michael Vertoske	Grand Mesa
Homework Blues	Paul Lavender	Hal Leonard
Stars Asleep, the Break of Day	Bob Margolis	Manhattan Beach
A Song for Friends	Larry Daehn	Daehn Publishing

- Percussion Trio but all could participate

Recommended Additional Resources

Misenhelter, Dale. "Orff Techniques to Freshen Up your Band Rehearsal," *Teaching Music*. v. 12, no. 2, p 56. Oct 2004

Misenhelter, Dale. "Conceptual Teaching in Instrumental Rehearsals," *Update*, v. 18 (2)

Heddon, Debra Gordon. *Threading the Concept: Powerful learning for the music classroom*. Lanham, MD: Rowman & Littlefield. 2010.

Sindberg, Laura K. *Just Good Teaching: Comprehensive Musicianship through Performance (CMP) in Theory and Practice*. Lanham, MD: Rowman & Littlefield. 2012.