

Name _____

Moorhead Elementary Orchestra Practice Sheet



	SUN	MON	TUE	WED	THU	FRI	SAT	Total Minutes	Letter Grade	Parent Signature No Initials Please
Nov	17	18	19	20	21	22	23			
	24	25	26	27	28 30	29	30			
Dec	1	2	3	4	5	6	7			
	8	9	10	11	12	13	14			
	15	16	17	18	19	20	21			
	22	23	24	25 45	26	27	28			
	29	30	31	1	2	3	4			
Jan	5	6	7	8	9	10	11			
	12	13	14	15	16	17	18			
	19	20	21	22	23	24	25			
	26	27	28	29	30	31	1			
	Feb	2	3	4	5	6	7	8		
9		10	11	12	13	14	15			
16		17	18	19	20	21	22			
23		24	25	26	27	28	29			

PRACTICE TIME GRADING (per week in minutes)

- 240 Minutes and up A+ (4)
- 180 to 239 A (3)
- 165 to 179 A- (3)
- 150 to 164 B+ (2)
- 135 to 149 B (2)
- 120 to 134 B- (1)
- 105 to 119 C+ (1)
- 90 to 104 C (1)

If you fall below this line you may be asked to leave orchestra.

This Practice Sheet must be turned in the week of Feb 24th Put it in the Red Box

Reminder - A parent must sign each week or that weeks time is an "F".
Private Lessons outside of school count for 30 minutes, youth symphony practice counts for 30 minutes, and Kokanelli counts for 30



Scrolls & Pegs

The Newsletter of the Moorhead Elementary Orchestra

Volume VII Number 5

February 1, 2002

Elementary Orchestra Receives National Award

Chamber Music America has awarded our Moorhead Elementary Orchestra the Heidi Castleman Award for Excellence in Chamber Music. Each year CMA recognizes one public school orchestra program in the country and this year we were it.

Each student in the sixth grade orchestra will receive a certificate and a medal for winning this award.

Heidi Castleman is currently on the faculty of the Juilliard School in New York City. As a viola professor, over 40 of her students are currently in performing in major symphony orchestra around the world.

The award was presented on January 20th in New York City. The Chiara Quartet was in attendance and were very proud of all you guys.

Chicago Video, Photo and CD's are for sale!

I will be placing a group order for the following items: 18 x 10" group photo in the Grand Ballroom, a professional compact disc, and a really cool video documentary made by MSUM professor Bob Schieffer. The order forms are due shortly so please ask your students to pick one up.

I would encourage you to get the video especially as it captures the whole trip from last April to Chicago.

FM Youth Symphony in Concert on Feb. 10th -

The FM Youth Symphony will be performing a concert on Sunday, February 10th at NDSU's Festival Concert Hall. Featured on the program will be the Junior Youth Symphony at their counterparts in the Senior High Full Symphony. Two guest soloist will accompany the performing groups.

Winter Orchestra Concert on February 25th

Be sure to set Monday evening, February 25th aside as the Moorhead Elementary Orchestra will be performing in concert at the Moorhead High School auditorium beginning at 7:30 p.m. The concert will feature the 5th, 6th, and 7th Grade Orchestra. The evening is being billed as a Winter Orchestra Ice Cream Bash. Following the concert Dilly Bars will be served. Please invite your friends. The concert will last one hour and admission is \$2 per person. Stacy Deffenbach from KVLV Channel 11 will be the evening's host.

The 5th Grade Students from Asp, Edison and St. Joes will have a dress rehearsal at Robert Asp from 12:45 until 2:00 on Monday, February 25th. Bussing from Edison and St. Joes will be provided. Attendance is important.

The 5th Grade Students from Washington and Riverside will have a dress rehearsal at Asp from 9:20 until 10:20 on Monday, February 25th. Bussing from

Dress for the concert will be the standard formal concert attire. Black shoes, socks, and slacks/dress and white on top.

Students are to arrive at 7:05 p.m. for tuning. Please no earlier. They are to enter through door #5 in the north east corner of the high school. Follow the sign to the proper warm up rooms.

D.Y.P.T. Bracelets are in - Get 'em for a buck -

Moorhead Elementary Orchestra's Did You Practice Today (D.Y.P.T.) bracelets will be for sale soon. The bracelets cost only a buck \$1.00 and are available in the orchestra room during study time and before school.

Please encourage your student to pick one up. They are a fine reminder to the students at any time during the day. They are even orange and black!!!

6th Grade Orch to Play at Minnesota Festival

Our sixth grade orchestra will be performing at the Minnesota Junior High/Middle School Festival on **Wednesday February 27th** in Alexandria. The students will play for a panel of judges and then will have a clinic where one of the judges will work with the students.

A schedule will be sent home on the evening of Feb. 12th. I will need several parents to come along so call me if you are interested. 284 643 1.

FM Symphony to give Family Concert -Feb. 7th

Our Fargo Moorhead Symphony will be giving a family concert on Thursday February 7th at 7:00 p.m. at NDSU Festival Concert Hall.

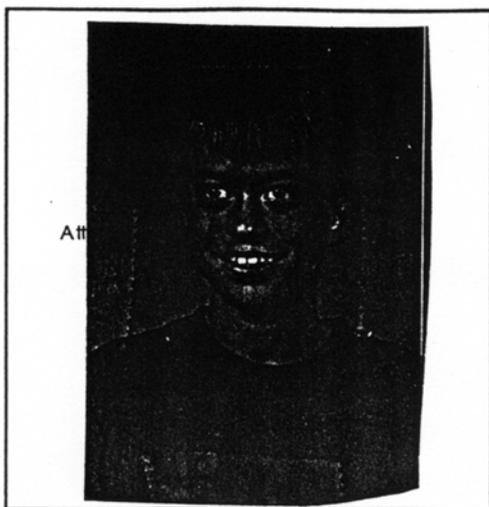
The concert will feature music that paints a picture as well as the featured soloist of the evening, a high school pianist performing Grieg's Piano Concert in A minor. The concert will last just about an hour and will be a wonderful concert to take in.

February is Practice Month Here's info ...

In keeping with our tradition of having a special emphasis each month, February has been billed practice month. All month we will be discussing ways in which to maximize your students practice time at home. At home please reinforce the concept of "working in threes" 1) What needs to get better? 2) How am I going to get it better? 3) Did it get better? If it did get better go on; if it did not, repeat the steps using a different strategy for #2.

I would encourage you to take 30 minutes this month and sit with your child as they practice. If not that, then ask them to show you how they practice.

5th Grade Orchestra - New Member Info



Name _____

Who is your homeroom teacher? Mrs. York

What 4th Grade school did you go to? Riverside

Have you ever lived in another town, where? No, I have not.

Favorite Subject In School Gym

Pets/Kind/Name 2 cats: Silvester, 3 and Lucy, 17

Hobbies drawing, collecting, & skateboarding, and golfing.

Other Musical Things You Do I play recorder, and listening to music

Have you ever been on an airplane? Yes.

If you had to give away a million dollars, who would you give it to? One of my relatives

Sport Activities Soccer, Golf, skiing, skateboarding, basketball, baseball,

Your Favorite Type of Music Pop music and country

If you had to decide what you would do for a job, what would it be? Pro soccer player, or ~~cartoon~~ cartoonist

Describe your room - if we went on a tour of your bedroom what does it look like - what

kind of posters, what kind of carpet, do you share your room The room looks tropical and I have alot of posters.

The coolest place (trip) you have been Colorado, or Mexico

A state you would like to live in I like Minnesota

Favorite Movie Mr. Deeds, or Dum and Dummer

Favorite Food Tortellini

How many kids in your family 2 where do you fit it? oldest

If you could meet a musical group backstage, who would it be? Baha men

Favorite Sports teams Falcons, Avelanche, and Twins

What do you collect? Mainly cards and rocks, but alot of other stuff too.



Progress Report - Fall 2002

Dear Parent/s:

20 November 2002

Greetings from the orchestra room. I have been most impressed with the work that many of the orchestra students have been doing. Our record enrollment is encouraging though it is the individual work of the students that make for a quality experience. It is the work and practice habits of your student that this progress report will address.

Students need continued encouragement to practice. Help your orchestra student establish a regular time and place for practicing that works in your family's schedule. Monitor your child's practice on a regular basis to ensure that it is getting done. Talk with your child about the need for practice, and set up mutually agreed upon goals and rewards. The goals should be clear and attainable. Please sign your student's practice sheet which is stapled to the inside front cover of their method book. If you are interested in having your child begin private lessons, please see me.

Thanks to the many parents and family members who came to our annual Orchestra Parents Night on November 14th. Although we won't be making a CD anytime soon it was encouraging to see so many of you present. If by chance you were not able to attend and would like a lesson on your son or daughter's instrument, please give me a call and we can set an informal lesson up.

Each month a copy of our monthly newsletter* *Scrolls & Pegs* is sent to your home. Please take a moment to note the happenings of our Elementary Orchestra as this is the only way I have of communicating with the orchestra families.

Three dates that I would like you to be aware of are: February 2 - Annual Orchestra Sliding Party, March 6 - Winter Concert, March 28 - Orchestra trip to Minnesota Orchestra. Please mark these dates on your calendars.

Please know that you are always most welcome to call with any question, suggestions, or concerns. I love working with your children and am most interested in their continued progress and enjoyment.

Sincerely,

Brian Cole
 bcole@moorhead.k12.mn.us
 284-6431 (w)

Below Expectations
 Not Meeting . . .
 Meeting . . .
 Beyond . . .

Practice Times
 Progress
 Interval Quiz (6th Grade)
 Circle of 5ths (6th Grade)

At higher institutions, your student's practice grade would be: _____

Teacher Comments

September 10 - 14 Orchestra Assignment Card

If you have the courage to begin you have the courage to succeed!!

WELCOME TO ORCHESTRA!!!

Each week you will receive an assignment card like this. On it will be the items that you are to practice during the week. After each practice session, fill in your time on the calendar that is **stapled** to the outside of your book. Get a parent to sign it each week. You should shoot for 20-25 minutes a day (2x10)

- Know:** p. 2 of your book - know the names of all the body parts of the instrument/bow
- Review:** The proper way to hold your instrument on p, 3 - do you look like the picture!!
- Learn:** The terms in red on page 4 and 5 - you must know them perfect -
- Memorize:** The Flash cards- come back next week able to say them in a flash!!
- Play:** All of pages 4 and 5. Practice it this way - First Sing, then Sing & Say -
- Sing:** The Notes on page 6, 7, & 9. Only sing them for practice, don't play!
- Practice:** The "string greeting" "brush your teeth/bad breath" "brush your nails" HAVE FUN!
- Fill Out:** The info Sheet - remember to tape a picture on it - You will get the photo back - Put your name inside your red book - Staple the practice sheet



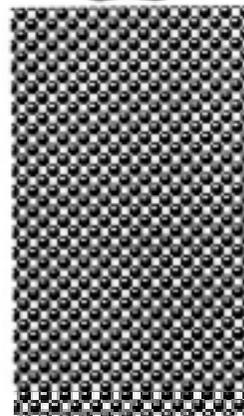
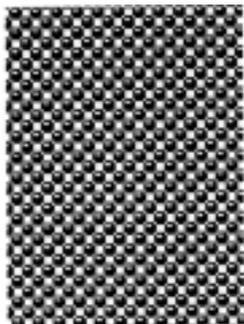
September 17 - 21 Orchestra Assignment Card

Keep your head and heart in the right direction and you'll never have to worry about your feet!!:

- Review:** Play pizzicato on pages 4 and 5 - sing the notes as you play them!!
- Learn:** The terms in red on page 4 and 5 - you must know them perfect -
- Warmup:** Do finger lifts for all of your fingers - !!! - I love how your fingers look!!!
Lift your thumb- keep it relaxed
- Play:** All of pages 6-7-9. Practice it this way - First Sing, then Play & Sing
Be very careful to have your fingers round and curved that is so IMPORTANT!!
Violins and Violas - Do you have Boxxy Fingers ON THE TAPE - *Hamster :-)*
Cello and Bass - Think about the Pop can - ON THE TAPE
- Review:** The Flash Cards
Brush Your Teeth/Bad Breath.[we practice the bow hold next week]
Bumpitus - Spy Glass "Yes I see YOU!!"
- Sing:** The Notes on page 10-11-12-13. Only say them for practice, don't play!!



P.S. - Have Fun!! - you are making great progress - I'm glad you are in orchestra!!



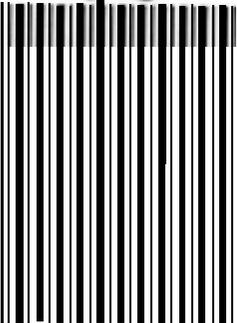
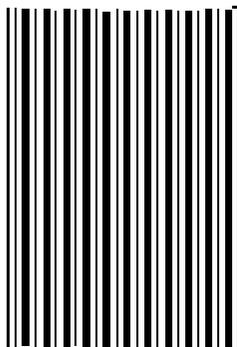
Concert is on October 28!!

October 9 -12 Orchestra Assignment Card

Practice now for perfection · how you practice is how you play

- Warmup:** 1) Pluck all of pages 10 11, 12, 13, 14, 15 * Think Boxy & Perfect!!!
 2) Brush your teeth/ bad breath - 20 Times -
 3) Do finger lifts for all of your fingers & Thumb (snore) - I love how your fingers look!!!
 4) Do 5 Pencil Holds then 20 Bow holds - Have it look like page 8!!
- Learn:** Cello & Bass - Learn the notes on page 26 - only play this page
 Violin & Viola - Pluck in Playing position on your shoulder pages 6-7-9
- Practice:** Rosin Raps on page 15- First do with toilet paper- then with rosin - 5 Times Each -
 Oh yeah - remember to sing them as you play them - this will help you!!
- Play:** * Concert stuff #12, #15, #17, #23, #24, #28, #40 Oct. 28 is our Concert**
 Know these songs perfectly - check for boxy fingers and fingers on the tape -
 Violin and Viola - play these on the shoulder as this is how we'll play for our concert
 Please go on and play just page 19 in plucking and playing position -
- Memorize:** #40 - Mozart Melody - I know you can do it!!
- Review and Do:** Violin & Viola- Bringing your instrument to your shoulder -20 times a session -
 *Belly to Birdy *Above the Head-On the Shoulder - Nose Thing-Flat Wrist-Hamster
Cello & Bass - Where is your thumb - Does it look perfect!!
 *Elbow Up - Biff your neighbor - Do the Dew - Make a "L"
- Bow:** pages 16 & 17 - Bend at the Elbow - Straight Bow - Good Tone - Ya Look Gooooood!

Dress Rehearsal Tuesday, October 28th
 & Concert Info: You must be at NDSU 5:30 - Concert begins at 7:30 - Eat before hand ·
 Invite all of your family and friends - \$3.00 Admission



Concert is on Oct. 28!!

October 14-16 Orchestra Assignment card

Have a great Break

- Right Hand Warmup:**
 - 5 Bow Holds "The bump touches the hair, the middle two hug the frog,
 the first finger lays down etc."
 -"We tighten the bow before we play, we loosen the bow when we put it away!!"
 - #45, #46, #47 - Do them with Rosin "OOO I like how me elbow bends then"
- Left Hand Warmup:**
 *Do the string greeting
 *Go to playing position and put your fingers down on your "D" String
 Do finger lifts 1/8" [be picky] keep them right on the tape
 *Snore with your thumb, keep it relaxed
- Play:** * Concert stuff #12, #15, #17, #23, #24, #28, #40 Oct. 28 is our Concert**
- Practice Method:**
 1) Sing the Songs *New* Move fingers as you sing
 2) Pluck Songs (Violin/Viola 1st in guitar then on shoulder)
 3) Then think what you can do to make it better. "Fixin all the time!!"
- Play:** * Concert stuff #12, #15, #17, #23, #24, #28, #40 Oct. 28 is our Concert**

Dress Rehearsal Monday, October 28th @Festival Concert Hall - 12th Ave & Bolley Dr.
& Concert Info: You must be at NDSU 5:30 - Concert begins at 7:30 - Eat before hand -
 Invite all of your family and friends - \$2.00 Admission
 ? = 284-6431 Concert Dress is Black on the Bottom and White on Top